

REF 2014: Research outputs (REF2) (sorted by title)

26 – Sport and Exercise Sciences, Leisure and Tourism

['Let us Rally Around the Flag': Football, Nation Building and Pan-Africanism in Kwame Nkrumah's Ghana.](#) The Journal of African History, 54 (2). pp. 221-246. [Journal article]

[A qualitative evaluation of the effectiveness of a mental skills training program for youth athletes.](#) The Sport Psychologist, 27 (3). pp. 219-232. [Journal article]

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[Acute exercise and impaired glucose tolerance in obese humans.](#) Journal of Clinical Lipidology, 3 (4). pp. 262-268. [Journal article]

[Acute Reversal of Endothelial Dysfunction in the Elderly After Antioxidant Consumption.](#) Hypertension, 59 . pp. 818-824. [Journal article]

Alterations in evertor/invertor muscle activation and center of pressure trajectory in participants with functional ankle instability. Journal of Electromyography and Kinesiology, 22, pp. 280-285 [Journal article]

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[Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults – a pilot study.](#) Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults – a pilot study, Clin Physiol Funct Imaging (2013) . [Journal article]

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[Effects of golf shaft stiffness on strain, clubhead presentation and wrist kinematics.](#) Sports Biomechanics, 11 (2). pp. 223-238. [Journal article]

[Effects of \$\alpha\$ -Lipoic Acid on Peripheral Mononuclear Cell and Mitochondrial DNA Damage after Isolated Muscle Contractions.](#) Medicine & Science in Sports & Exercise, 45 (8). pp. 1469-1477. [Journal article]

[Elite sports policy and coaching at the coalface.](#) International Journal of Sport Policy and Politics, 5 (3). pp. 341-362. [Journal article]

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[Estimates of the number of people in England who attain or exceed vigorous intensity exercise by walking at 3 mph.](#) Journal of Sports Sciences, 29 (15). pp. 1629-1634. [Journal article]

[Evidence of Vascular Endothelial Dysfunction in Young Patients with Cystic Fibrosis.](#) Chest, 143 (4). pp. 939-946. [Journal article]

[Exercise and Auricular Acupuncture for Chronic Low-back Pain: A Feasibility Randomized-controlled Trial.](#) The Clinical Journal of Pain, 28 (3). pp. 259-267. [Journal article]

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[Gaelic Games, Nationalism and the Irish Diaspora in the United States.](#) University College Dublin Press. 256 pp ISBN 978-1-906359-23-2 [Book (authored)]

[Gastrointestinal transit, post-prandial lipaemia and satiety following 3 days high-fat diet in men.](#) European Journal of Clinical Nutrition, 65 (2). pp. 240-246. [Journal article]

[Hockey and Habitus: Sport and National Identity in Northern Ireland.](#) New Hibernia Review, 13 (4). pp. 127-140. [Journal article]

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[Moving Players, Traversing Perspectives: Global Value Chains, Production Networks and Ghanaian Football Labour Migration.](#) Geoforum, 50 . pp. 43-53. [Journal article]

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[The Flow-mediated Dilation Response to Acute Exercise in Overweight Active and Inactive Men.](#) Obesity , 16 (3). pp. 578-584. [Journal article]

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[The static and dynamic stiffness behaviour of composite golf shafts and their constituent materials.](#) Sports Engineering, 14 (1). pp. 27-37. [Journal article]

[Variability in clubhead presentation characteristics and ball impact location for golfers' drives.](#) Journal of Sports Sciences, 30 (5). pp. 439-448. [Journal article]

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[Working within an Individual Zone of Optimal Functioning \(IZOF\) framework: Consultant practice and athlete reflections on refining emotion regulation skills.](#) Psychology of Sport and Exercise, 13 . pp. 291-302. [Journal article]