

## REF 2014: Research outputs (REF2) (sorted by title)

### 26 – Sport and Exercise Sciences, Leisure and Tourism

['Let us Rally Around the Flag': Football, Nation Building and Pan-Africanism in Kwame Nkrumah's Ghana.](#) The Journal of African History, 54 (2). pp. 221-246. [Journal article]

[A qualitative evaluation of the effectiveness of a mental skills training program for youth athletes.](#) The Sport Psychologist, 27 (3). pp. 219-232. [Journal article]

[Acute and chronic watercress supplementation attenuates exercise-induced peripheral mononuclear cell DNA damage and lipid peroxidation.](#) British Journal of Nutrition, 109 . pp. 293-301. [Journal article]

[Acute exercise and impaired glucose tolerance in obese humans.](#) Journal of Clinical Lipidology, 3 (4). pp. 262-268. [Journal article]

[Acute Reversal of Endothelial Dysfunction in the Elderly After Antioxidant Consumption.](#) Hypertension, 59 . pp. 818-824. [Journal article]

*Alterations in evertor/invertor muscle activation and center of pressure trajectory in participants with functional ankle instability.* Journal of Electromyography and Kinesiology, 22, pp. 280-285 [Journal article]

[An especial skill: Support for a learned parameters hypothesis.](#) Acta Psychologica, 134 (1). pp. 55-60. [Journal article]

[Angiotensin II in the Elderly: Impact of Angiotensin II Type 1 Receptor Sensitivity on Peripheral Hemodynamics.](#) Hypertension, 51 . pp. 1611-1616. [Journal article]

[Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults – a pilot study.](#) Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults – a pilot study, Clin Physiol Funct Imaging (2013) . [Journal article]

[Cold-water immersion \(cryotherapy\) for preventing and treating muscle soreness after exercise \(Review\).](#) The Cochrane Library, Issue 2 . pp. 1-64. [Journal article]

[Cultural nationalism, Gaelic Sunday and the Gaelic Athletic Association in early twentieth century Ireland.](#) The International Journal of the History of Sport, 29 (6). pp. 912-923. [Journal article]

[Effect of accelerated rehabilitation on function after ankle sprain: randomised controlled trial.](#) BMJ, 340 (7756). pp. 1-7. [Journal article]

[Effect of cinnamon on gastric emptying, arterial stiffness, postprandial lipemia, glycemia, and appetite responses to high-fat breakfast.](#) Cardiovascular Diabetology, 10 (1). [Journal article]

[Effect of alpha lipoic acid and exercise training on cardiovascular disease risk in obesity with impaired glucose tolerance.](#) Lipids in Health and Disease , 10 (1). pp. 217-226. [Journal article]

[Effects of Fatigue on Running Mechanics Associated with Tibial Stress Fracture Risk.](#) Medicine & Science in Sports & Exercise, 44 (10). pp. 1917-1923. [Journal article]

[Effects of golf shaft stiffness on strain, clubhead presentation and wrist kinematics.](#) Sports Biomechanics, 11 (2). pp. 223-238. [Journal article]

[Effects of  \$\alpha\$ -Lipoic Acid on Peripheral Mononuclear Cell and Mitochondrial DNA Damage after Isolated Muscle Contractions.](#) Medicine & Science in Sports & Exercise, 45 (8). pp. 1469-1477. [Journal article]

[Elite sports policy and coaching at the coalface.](#) International Journal of Sport Policy and Politics, 5 (3). pp. 341-362. [Journal article]

[Especial Skill Effect Across Age and Performance Level: The Nature and Degree of Generalization.](#) Journal of Motor Behavior, 45 (2). pp. 139-152. [Journal article]

[Estimates of the number of people in England who attain or exceed vigorous intensity exercise by walking at 3 mph.](#) Journal of Sports Sciences, 29 (15). pp. 1629-1634. [Journal article]

[Evidence of Vascular Endothelial Dysfunction in Young Patients with Cystic Fibrosis.](#) Chest, 143 (4). pp. 939-946. [Journal article]

[Exercise and Auricular Acupuncture for Chronic Low-back Pain: A Feasibility Randomized-controlled Trial.](#) The Clinical Journal of Pain, 28 (3). pp. 259-267. [Journal article]

[Exercise-Induced Lipid Peroxidation: Implications for Deoxyribonucleic Acid Damage and Systemic Free Radical Generation.](#) Environmental and Molecular Mutagenesis, 52 (1). pp. 35-42. [Journal article]

[Functional management of ankle sprains: what volume and intensity of walking is undertaken in the first week postinjury.](#) British Journal of Sports Medicine, BMJ Publishing Group, 7 pp, DOI: [10.1136/bjsports-2011-090692](#) [Internet publication]

[Gaelic Games, Nationalism and the Irish Diaspora in the United States.](#) University College Dublin Press. 256 pp ISBN 978-1-906359-23-2 [Book (authored)]

[Gastrointestinal transit, post-prandial lipaemia and satiety following 3 days high-fat diet in men.](#) European Journal of Clinical Nutrition, 65 (2). pp. 240-246. [Journal article]

[Hockey and Habitus: Sport and National Identity in Northern Ireland.](#) New Hibernia Review, 13 (4). pp. 127-140. [Journal article]

[Metabolomics Approach for Analyzing the Effects of Exercise in Subjects with Type 1 Diabetes Mellitus.](#) Plos ONE8 pp, DOI: [10.1371/journal.pone.0040600](#) [Internet publication]

[Molecular detection of exercise-induced free radicals following ascorbate prophylaxis in type 1 diabetes mellitus:a randomised controlled trial.](#) Diabetologia, 51 . pp. 2049-2059. [Journal article]

[Moving Players, Traversing Perspectives: Global Value Chains, Production Networks and Ghanaian Football Labour Migration.](#) Geoforum, 50 . pp. 43-53. [Journal article]

[Physical activity, walking and leanness: An analysis of the Northern Ireland Sport and Physical Activity Survey \(SAPAS\).](#) Preventive Medicine, 54 (2). pp. 140-144. [Journal article]

[Predicting functional recovery after acute ankle sprain.](#) PLoS One, 8 (8). [Journal article]

[Pride of the Lions:a sociological analysis of media coverage of the 2005 tour from the perspective of the Four Home Nations.](#) Sport in Society, 13 (3). pp. 448-469. [Journal article]

[Promoting social inclusion through Unified Sports for youth with intellectual disabilities: a five-nation study.](#) Journal of Intellectual Disability Research, 57 (10). pp. 923-935. [Journal article]

[Seasonal and Annual Variation in Young Children's Physical Activity.](#) Medicine and Science in Sports and Exercise, 44 . [Journal article]

[Sport and Leisure.](#) The Sociological Review, 59 (s1). pp. 160-180. [Journal article]

[Terrorism and the abnormality of sport in Northern Ireland.](#) International Journal for the Sociology of Sport, 47 (3). pp. 397-413. [Journal article]

[The Appropriate Use of Approximate Entropy and Sample Entropy with Short Data Sets.](#) Annals of Biomedical Engineering, Online first . [Journal article]

[The effect of a healthy lifestyle programme on 8–9 year olds from social disadvantage.](#) Archives of Disease in Childhood . [Journal article]

[The Flow-mediated Dilation Response to Acute Exercise in Overweight Active and Inactive Men.](#) Obesity , 16 (3). pp. 578-584. [Journal article]

[The Gaelic Athletic Association, Transnational Identities and Irish-America.](#) Sociology of Sport Journal, 27 (4). pp. 351-370. [Journal article]

[The Great Race Across the Sahara: A History of the Paris to Dakar Rally and its Impact on the Development of Corporate Social Responsibility within Motor Sport.](#) International Journal of the History of Sport, 28 (2). pp. 268-280. [Journal article]

[The Influence of Visual Contextual Information on the Emergence of the Especial Skill in Basketball.](#) Journal of Sport and Exercise Psychology, 35 . pp. 536-541. [Journal article]

[The static and dynamic stiffness behaviour of composite golf shafts and their constituent materials.](#) Sports Engineering, 14 (1). pp. 27-37. [Journal article]

[Variability in clubhead presentation characteristics and ball impact location for golfers' drives.](#) Journal of Sports Sciences, 30 (5). pp. 439-448. [Journal article]

[Walk@Work: An automated intervention to increase walking in university employees not achieving 10,000 daily steps.](#) Preventive Medicine, online . [Journal article]

[Working within an Individual Zone of Optimal Functioning \(IZOF\) framework: Consultant practice and athlete reflections on refining emotion regulation skills.](#) Psychology of Sport and Exercise, 13 . pp. 291-302. [Journal article]