



Institute of Mental Health Sciences

Addressing the transgenerational transmission of
trauma and mental illness in NI

AGENDA: Tuesday 23 January 2018

09.45 Registration and Tea / Coffee and Shortbread

10.15 Introduction and Welcome
Professor Chérie Armour

10.30 Oaks from acorns; building peace, strength and resilience through the small things
David Bolton

10.50 Service personnel PTSD and the effect on UK military families
Dr Rachel Gribble

11.20 Let's start at the very beginning - perinatal perspectives
Dr Nicola Doherty

11.40 How digital technology is removing barriers in maternal mental health
Dr Anne Moorhead, Nuala Murphy and Dr Raymond Bond

12.10 Hopeful Minds: a school based mental health promotion programme; growing
the evidence base in Northern Ireland, Ireland and Malaysia
Dr Karen Kirby, Ms Kathryn Goetzke and Ms Marie Dunne

12.45 Lunch

13.15 The impact of biological factors and adverse childhood experiences on
psychopathology and suicidal behaviour among university students
Margaret McLafferty and Dr Elaine Murray

13.45 Involving service users in mental health research in NI
Dr Bethany Waterhouse-Bradley

14.05 Panel Discussion: promoting the mental health of future generations, what next?
Keynote Listeners; Chaired by Professor Deirdre Heenan

15.00 End