



SUMMER 2017

# JUNIOR ELKS

## Camp Programme



JORDANSTOWN CAMPUS

[ulster.ac.uk/sport](http://ulster.ac.uk/sport)

#bemore

Jordanstown campus

## JUNIOR ELKS Summer Camps 2017

Welcome to the Ulster University JUNIOR ELKS Summer Camp programme for 2017 at the Jordanstown campus. This brochure includes details of the Camps that will be held during the summer holiday period. There are a range of activities to choose from so we hope you will find something to enjoy and benefit from. Each Camp will be planned and delivered by appropriately qualified coaches to ensure a top quality experience for all involved.

The sports coaching element of the day will run from 10:00 until 15:00 daily and in addition to these core coaching hours we are offering supervised 'Active Elks' sessions before and after the coaching to enable working parents to better manage the drop off and collection of JUNIOR ELKS Camp participants. Participants will have four options to choose from for the Camp of their choice:

<b>Option One:</b>	Junior Elks Camp – Coaching Only	10:00 to 15:00
<b>Option Two:</b>	Junior Elks Camp – Start Early	09:00 to 10:00 = Active Elks 10:00 to 15:00 = Coaching
<b>Option Three:</b>	Junior Elks Camp – Finish Late	10:00 to 15:00 = Coaching 15:00 to 17:00 = Active Elks
<b>Option Four:</b>	Junior Elks Camp – Full Day	09:00 to 10:00 = Active Elks 10:00 to 15:00 = Coaching 15:00 to 17:00 = Active Elks

The Active Elks Sessions will provide a range of supervised non-sporting activities within an appropriate safe environment. New camps that we are piloting this year include:

- **Ball Time** – a camp that will focus on developing transferable ball skills and systems of play across a range of sports including Football, Basketball, Rugby, Gaelic Football and Netball.
- **Big Hitters** – a camp that will focus on the development of striking skills through a range of sports including Hockey, Golf, Cricket, Tennis, Racket Sports and Hurling/Camogie.
- **Girls Allowed** – a girls only camp that will offer participants the chance to experience a range of sports to include Team Games, Martial Arts, Athletics and Racket Sports.

To ensure the best possible value for you we are still operating a price reduction for the second or any additional children applying. This applies for family members or friends, providing the applications are received together. We continue to offer the concession price for any individual child attending more than one Camp, providing they are booked at the same time. It is important to make sure that one form is completed for each child to ensure that we have the relevant medical and emergency contact details. If you need more application forms please feel free to print as many as you need or just contact Sports Centre Reception on 028 9036 6431. Our web site at [ulster.ac.uk/sport](http://ulster.ac.uk/sport) also gives details of the Camp programme on our Coleraine and Magee campuses should you be planning to be in that area over the holiday period.

No previous experience in an activity is required. Confirmation of your place on the Camp and further details will be sent to participants on receipt of applications and appropriate fees. All Camps will be filled on a first come first served basis so please apply early to avoid disappointment.

We hope your children will enjoy their JUNIOR ELKS Camp experience and we look forward to seeing you soon.

Camp	Age	Date	Duration
Gymnastics	5 - 13 years	3 - 7 July	5 Days
Multi Skills	4 - 7 years	3 - 7 July	5 Days
Gymnastics	5 - 13 years	17 - 21 July	5 Days
Cricket	7 - 11 years	17 - 21 July	5 Days
Hockey	7 - 13 years	17 - 21 July	5 Days
Startrack Athletics	8 - 15 years	17 - 19 July	3 Days
Gymnastics (Advanced)	GymFUN Squad/ Competitive Gymnasts Only	24 - 28 July	5 Days
Multi Skills	4 - 7 years	24 - 28 July	5 Days
Athletics & Football	8 - 12 years	24 - 28 July	5 Days
Gymnastics	5 - 13 years	31 July - 4 August	5 Days
<b>Big Hitters</b>	8 - 12 years	31 July - 4 August	5 Days
Gymnastics	5 - 13 years	7 - 11 August	5 Days
Multi Skills	4 - 7 years	7 - 11 August	5 Days
Gymnastics	5 - 13 years	14 - 18 August	5 Days
<b>Girls Allowed</b>	7 - 11 years	14 - 18 August	5 Days
Gymnastics	5 - 13 years	21 - 25 August	5 Days
<b>Ball Time</b>	8 - 15 years	21 - 25 August	5 Days

## Prices per Camp

Camp Option	Duration	Price for 1 <sup>st</sup> Child/Camp	Price for 2 <sup>nd</sup> Child/Camp and thereafter
1: Coaching Only	3 Day Camp	£45	£40
	5 Day Camp	£75	£70
2: Start Early	3 Day Camp	£54	£48
	5 Day Camp	£90	£84
3: Stay Late	3 Day Camp	£63	£57
	5 Day Camp	£105	£98
4: Full Day	3 Day Camp	£72	£65
	5 Day Camp	£120	£112

**NOTE:** The 3 Day Camp is only available for Startrack Athletics

# Application Form for JUNIOR ELKS Camps 2017

Please complete as appropriate using one form per child.

..... (child's name) would like to attend the following JUNIOR ELKS Camp(s);

Camp	Date	Option	Price	1 <sup>st</sup> Child/Camp (Please tick)	2 <sup>nd</sup> + Child	2 <sup>nd</sup> + Camp
.....	.....	.....	£ .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
.....	.....	.....	£ .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
.....	.....	.....	£ .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
.....	.....	.....	£ .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Total £ .....			

Parent/Guardian: .....

Home Address: .....

.....

Post Code: .....

Email: .....

Home Tel: ..... Mobile: .....

School: .....

Date of Birth: ..... Age: .....

Please give the names and contact telephone numbers of two people who may be contacted in case of an emergency;

Name: ..... Name: .....

Tel No: ..... (H) Tel No: ..... (H)

Tel No: ..... (M) Tel No: ..... (M)

I give permission for ..... (insert name) to take part in the JUNIOR ELKS Camp(s) identified. I know of no reason, medical or otherwise why s/he should not undertake the sports and activities involved. I have completed the medical details and consent that in the event of any illness/accident, any necessary treatment can be administered to my child, which may include the use of anaesthetics. I understand that every possible effort will be made to contact me first. I also understand that while coaches and staff will take every precaution to ensure that accidents do not happen, they cannot necessarily be held responsible for any loss, damage or injury suffered by my child.

I am willing to let my child participate in any official media coverage required.

I have enclosed £..... to cover the cost of the selected JUNIOR ELKS Camp(s). NB Please do not send cash. Cheques should be made payable to Ulster University.

Signed: ..... (Parent/Guardian) Date: .....

**MEDICAL DETAILS** *(Please complete as appropriate)*

Doctor's Name: Dr: ..... Telephone: .....

Has your child had a tetanus injection in the last 10 years? Yes / No

In your child's interest it is important that we know whether s/he suffers from any illness or medical condition. Please use the following space to state, in confidence, any health or other matters concerning your child about which we should be aware e.g. allergies. Please also indicate if your child is receiving any medication, with details and dosage and any specific dietary requirements.

.....  
.....  
.....  
.....

**JUNIOR ELKS Marketing**

Please tell us how / where you heard about the JUNIOR ELKS programme:

Direct Mail	<input type="checkbox"/>	Local Press	<input type="checkbox"/>
Friend / Family Member	<input type="checkbox"/>	University Web Site	<input type="checkbox"/>
Other (Please specify) .....			

May we contact you about other JUNIOR ELKS activities and events by mail or email? Yes  No

Completed application forms should be returned with the appropriate payment to:

Sports Development Officer  
Ulster University, Sports Centre, Jordanstown campus  
Shore Road, Newtownabbey  
BT37 0QB

**T:** (028) 9036 6431

**E:** sport@ulster.ac.uk and quote: 'Junior Elks Camps 2017 Jordanstown'.

Official Office Use Only:  
Amount Paid ..... Receipt No. .... Date .....

Cancellation Procedure: Other than in exceptional circumstances, Camp refunds will not be issued.

OPEN TO THE PUBLIC  
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