



Researcher Development Programme

Handbook 2022-23

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Researcher Development Programme Handbook 2022-2023

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Welcome to the Researcher Development Programme (RDP)

The Doctoral College is pleased to introduce the latest Researcher Development Programme for our PhD Researchers at Ulster. We have put together an exciting and innovative programme of training and development opportunities underpinned by our ongoing commitment to excellence in research.

The RDP consists of up to 100 individual workshops that are delivered collaboratively by the Doctoral College team, academic colleagues, professional services and external consultants, designed to meet the needs of the PhD Researcher community.

The Researcher Development Programme contributes to enhancing the research culture within the PhD community through workshops and events that bring together PhD Researchers from a range of disciplines. The Doctoral College plays a key role in encouraging and supporting this vibrant and collegiate research environment for our PhD Researchers, in partnership with the individual subject areas and Faculties.

I know that every PhD researcher at Ulster will find workshops, courses and activities to help them develop the knowledge and skills required, not only to successfully navigate the research process, but to enhance their skills and capabilities as a professional researcher and prepare them for a successful career.

We were delighted that the 2021 UK Postgraduate Research Experience Survey (PRES) ranked Ulster 2nd out of 89 Universities for overall satisfaction of our PhD Researchers – and 2nd for Professional Development and 3rd for Research Skills.

We hope that you will make the most of these opportunities to enhance and support your PhD experience at Ulster.

Lisa Thompson
Doctoral Development Manager



The Team

The Researcher Development Programme and associated activities are supported by a small team in the Doctoral College, led by Lisa Thompson.

Lisa Thompson has been the Doctoral Development Manager since August 2017. She is responsible for the design and delivery of the Researcher Development Programme for the Doctoral College as well as the Supervisor Development Programme, the annual Festival of PhD Research and the Three Minute Thesis (3MT®). Lisa is the Northern Ireland representative for Vitae, the national body for researcher development in the UK and is a member of training groups associated with Doctoral Training Partnerships across the UK. Lisa has an LLM in Human Rights Law from Queen's University Belfast (2004), a Masters in Business Administration (MBA) (2009) from Ulster University and a BA (Hons) in Sociology also from Queen's University Belfast (1998).

Claire Leahey is an Executive Officer with the Doctoral College, supporting the Researcher Development Programme as well as working with the Director of the Doctoral College. Claire joined the Doctoral College in 2018 having previously worked in the School of the Built Environment at Ulster University. She has also held management roles in industry including BT and Shorts.

Christine Jennings is a Business Support Officer with the Doctoral College, supporting the Researcher Development Programme and associated activities. Christine joined the Doctoral College in early 2019 having previously worked with the School of Sport at Ulster University and prior to that she worked in the banking sector.



Overview of the Researcher Development Programme

The Researcher Development Programme (RDP) provides a comprehensive package of professional and personal development training opportunities to support Ulster's vibrant PhD community.

This Handbook is designed to provide you with an introduction to these researcher development opportunities at Ulster University.

The Researcher Development Programme (RDP) at Ulster is an integral part of the doctoral programme. The Doctoral College delivers a suite of face to face workshops, events and activities, as well as an extensive online training provision, offering our PhD Researchers exceptional opportunities to further develop their research and professional skills.

When considering skills development it is helpful to divide skills into 'discipline specific' and 'transferable/professional', although these skills will overlap. The RDP concentrates on providing training opportunities in the transferable/professional skills area which are then complemented by the discipline-specific training provided at a more local level (Faculty, School, research centres, research groups).

These transferable skills will positively impact on your experience, research performance and career development. The purpose of the RDP is two-fold: to help you gain the skills to complete your PhD and to become a professional researcher with transferable skills that will be valued by both academic and non-academic employers in an increasingly interdisciplinary and international context.

The Researcher Development Programme will help you get the most out of your doctoral journey at Ulster, enhancing your employability while enabling you to contribute to and benefit from the wider research culture within the PhD Researcher community. In addition to these opportunities, the Doctoral College supports a number of initiatives contributing to your overall development and PhD experience:

- Annual Festival of PhD Research
- Three Minute Thesis (3MT®) Competition
- 'The Writing Hub' – Ulster's PhD writing community
- PhD Researcher-led Initiatives
- Access to LinkedIn Learning
- Access to academic staff training
- Employability and Careers support

Ulster is a partner in a number of doctoral training partnerships, including NINE and Northern Bridge Consortium. These partnerships open up a range of further training opportunities for our PhD Researchers. We are also participants in number of collaborations with other UK and Irish Universities.

Vitae Researcher Development Framework (Vitae 2010)

The RDP at Ulster is informed by and mapped to the Vitae Researcher Development Framework (2010), the UK Research Councils' recognised approach to researcher development, which aims to develop world-class researchers and their career potential and build the UK higher education research base.

“The RDF is a professional development framework for planning, promoting and supporting the personal, professional and career development of researchers in higher education. It articulates the knowledge, behaviours and attributes of successful researchers and encourages them to realise their potential.” (Vitae, 2010)

The RDF is structured around four broad domains and three sub-domains with associated descriptors:

A: Knowledge and intellectual abilities

- A1: Knowledge base
- A2: Cognitive abilities
- A3: Creativity

B: Personal effectiveness

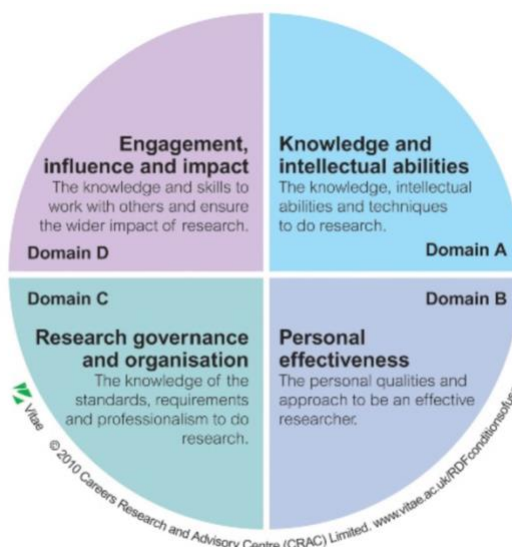
- B1: Personal qualities
- B2: Self-management
- B3: Professional and Career Development

C: Research governance and organisation

- C1: Professional conduct
- C2: Research management
- C3: Finance, funding and resources

D: Engagement, influence and impact

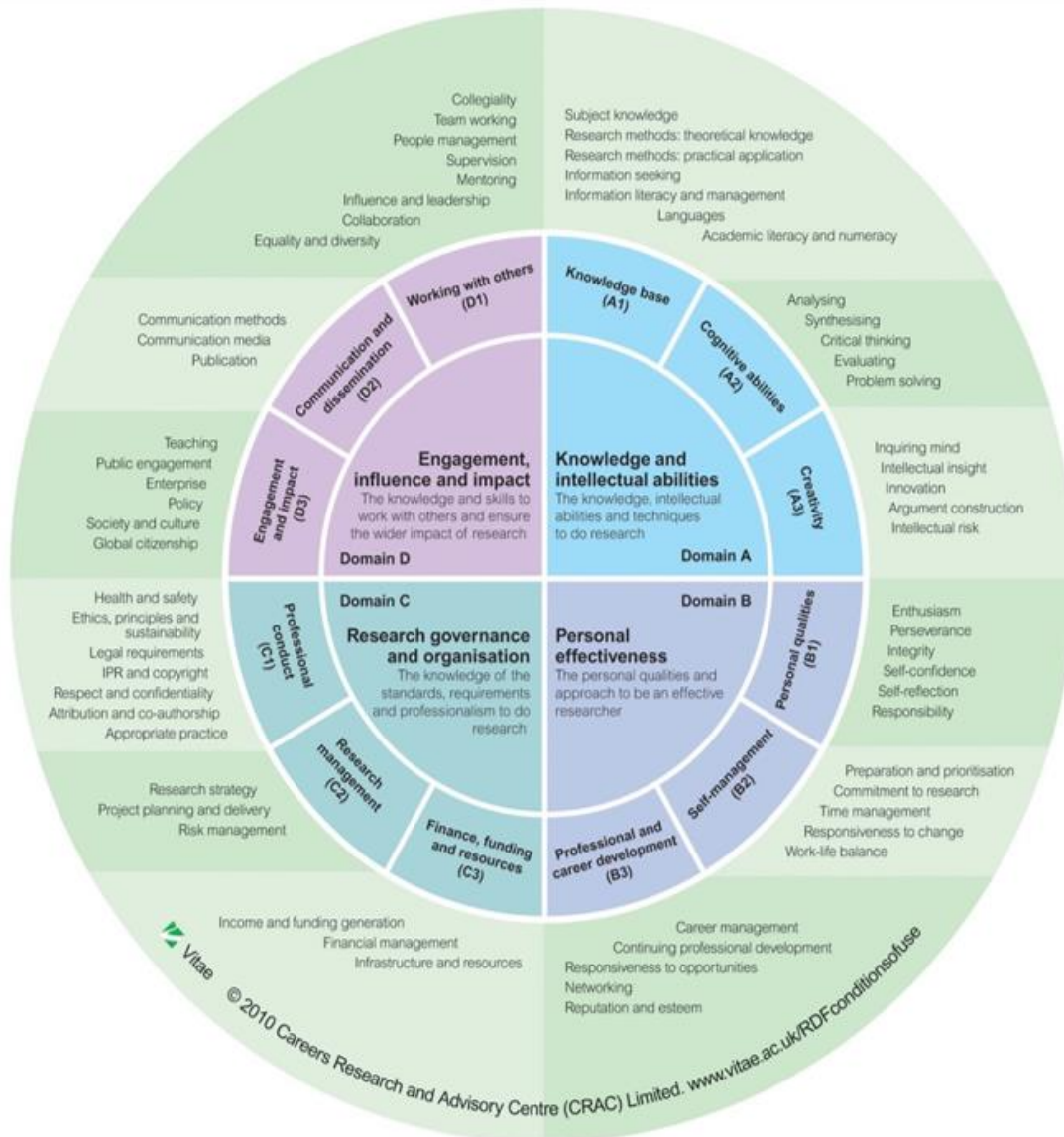
- D1: Working with others
- D2: Communication and dissemination
- D3: Engagement and impact



The RDF is useful when building on your current strengths, and considering the skills and experiences to enhance. It can be used to guide conversations with your supervisory team on your development journey, assist in setting goals and creating an action plan to becoming a well-rounded researcher. The RDF can help with articulating your skills and attributes in a language an employer will recognise on your CV, job applications and during interviews.

Membership of Vitae and Access to Resources

Ulster University holds institutional membership of Vitae. This enables our PhD Researchers to have full access to the range of Vitae's online resources. You will need to register on the Vitae website (www.vitae.ac.uk) using your **institutional (Ulster University)** email address.



Planning Your Skills Development

As a PhD Researcher, you are responsible for your own skills development and are expected to take ownership of this process. The Doctoral College, your School/Unit, and your supervisors will provide you with the structure and support required to take this forward.

To maximise your own personal and professional development, it is strongly recommended that you:

Assess your current skills against the Vitae Researcher Development Framework using the **Doctoral College Training Needs Analysis (TNA)** – this TNA is on PhD Manager, under the Training and Development section (see opposite). You should carry this out at the beginning of your PhD, in consultation with your Supervisor(s). You will be required to complete this before your Initial Assessment (approximately 3 months after you begin your PhD).

The Training Needs Analysis (TNA) is mapped directly to the Vitae Researcher Development Framework four domains (A, B, C and D) and twelve sub-domains (A1, A2, A3, B1, B2 and so on). The process involves you identifying the existing and required skills in of these domains and the levels of priority can be selected accordingly.

This process generates your **Training Plan**. You should aim to have completed this in Year 1 before your Initial Assessment (within the first three months). *NB You will want to book and attend training courses occurring in Semester 1 – these courses may be taking place before the completion of the TNA, depending on timing – but please go ahead and book on to the courses you know you need.*

The skills identified in your Training Plan will link through to the relevant workshops and online training provision that form the Researcher Development Programme (each workshop and online event are tagged according to each domain and sub-domain at the time of being uploaded to the system).

You can also identify the relevant training and development opportunities via the Events/Workshops area of PhD Manager, listing all the upcoming events and opportunities in date order – they can be filtered by skill, campus and type of event. Summary descriptions are available in this Researcher Development Handbook.

When you attend a workshop, online or in person, we will record and update PhD Manager and this will generate your **Training Log**. The Training Log can be updated manually to include external training and development undertaken to ensure you have a full record in one place.

Check your email from ‘Researcher Development (Doctoral College)’ regularly. A **Weekly Update on the Researcher Development Programme** is normally sent each Wednesday. This update contains all new additions, any changes to courses and reminders of forthcoming sessions.

How much training should I do?

If you are registered as a full time PhD Researcher, you should aim to undertake the equivalent of **10 days per year in researcher development activities** (five days per year for part-time).

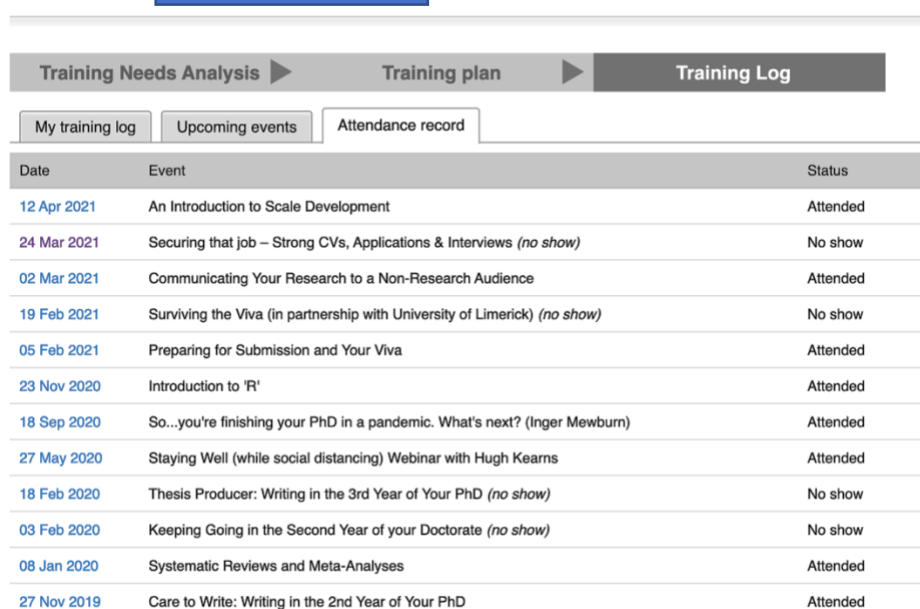
We define 'researcher development activities' broadly. Alongside participating in workshops, development activities include the Doctoral College induction events, subject specific workshops and specialist conferences relating to your research. Online training courses, research seminars, PhD Researcher-led initiatives and any relevant work experience also form part of your researcher development activities.

The Induction programme for new PhD Researchers is the only compulsory face to face session. You are also **required** to undertake the Research Integrity online course before your Initial Assessment – within the first three months. This is a mandatory course.

Keeping a record

All researcher development activity is recorded in PhD Manager, under your 'Training Log'. When you attend a session, your record will be updated shortly afterwards. You can download certificates for those sessions you have attended. There is also an option to add 'External Activities' including conference attendance and external training events. This Training Log is viewable by your Supervisors also. See example below:

Training log:



Training Needs Analysis ▶ Training plan ▶ Training Log		
My training log Upcoming events Attendance record		
Date	Event	Status
12 Apr 2021	An Introduction to Scale Development	Attended
24 Mar 2021	Securing that job – Strong CVs, Applications & Interviews <i>(no show)</i>	No show
02 Mar 2021	Communicating Your Research to a Non-Research Audience	Attended
19 Feb 2021	Surviving the Viva (in partnership with University of Limerick) <i>(no show)</i>	No show
05 Feb 2021	Preparing for Submission and Your Viva	Attended
23 Nov 2020	Introduction to 'R'	Attended
18 Sep 2020	So...you're finishing your PhD in a pandemic. What's next? (Inger Mewburn)	Attended
27 May 2020	Staying Well (while social distancing) Webinar with Hugh Kearns	Attended
18 Feb 2020	Thesis Producer: Writing in the 3rd Year of Your PhD <i>(no show)</i>	No show
03 Feb 2020	Keeping Going in the Second Year of your Doctorate <i>(no show)</i>	No show
08 Jan 2020	Systematic Reviews and Meta-Analyses	Attended
27 Nov 2019	Care to Write: Writing in the 2nd Year of Your PhD	Attended

Finding out what is available

This Handbook and the Researcher Development Programme website www.ulster.ac.uk/researcherdevelopment holds information on ALL training and development opportunities that are available throughout an academic year.

Scheduled workshops hosted by the Doctoral College can be viewed and booked using PhD Manager <https://phdmanager.ulster.ac.uk> in the Events/Workshops section as noted below.

The screenshot shows the PhD Manager interface. At the top, there's a navigation bar with the Ulster University logo, a search bar, and links for Search, Browse, Recent, Add, Tasks (843), Lisa Thompson, and Help. The main content area is titled 'Events' and features a sidebar on the left with a menu where 'Events/Workshops' is highlighted. The main area displays a list of events, each with a calendar icon, title, date, time, location, internal facilitator, and faculty. The events listed are:

- Starting Second Year: Doctoral College Update (Coleraine)**
05 Sep 2022, from 11:00 to 13:00
Location: Coleraine Campus - Roo...
Internal facilitator: Mrs Lisa Thompson, Professor Alison Gallagher, Professor Marie Murphy
Faculty: Arts, Humanities and Soci..., Computing, Engineering a..., Life and Health Scien...
- Starting Second Year: Doctoral College Update (Belfast)**
07 Sep 2022, from 11:00 to 13:00
Location: Belfast Campus, Room B...
Internal facilitator: Professor Marie Murphy, Mrs Lisa Thompson, Professor Alison Gallagher
Faculty: Arts, Humanities and Soci..., Computing, Engineering a..., Life and Health Scien...
- Starting Second Year: Doctoral College Update (Magee)**
09 Sep 2022, from 11:00 to 13:00
Location: Magee Campus - Room ...
Internal facilitator: Mrs Lisa Thompson, Professor Alison Gallagher
Faculty: Arts, Humanities and Soci..., Computing, Engineering a..., Life and Health Scien...
- Shut up and Write with Ulster & Limerick PhD Researchers**
09 Sep 2022, from 14:00 to 16:00
Location: MS Teams
Internal facilitator: Jeremy Thompson
Faculty: Arts, Humanities and Soci...

On the right side, there are filter options for 'Event' (Social, Conference, Mandatory Course, Webinar, Workshop, Faculty PhD Training, Online Anytime, Research Integrity Course) and 'Faculty' (Arts, Humanities and Social Sciences, Computing, Engineering and the Built Environment, Life and Health Sciences, Ulster University Business School).

Booking and Attending

Booking

You must book in advance for all workshops.

Workshops: Bookings for all workshops can be made on PhD Manager www.phdmanager.ulster.ac.uk. Select the course you would like to book by clicking on the title in the listing. Tick 'Attending' and this will book your place. You will receive an automatic confirmation by email. If the workshop is fully booked, you can select 'Waitlist'. If a place becomes free, you will be contacted by email. If we have enough Waitlisted PhD Researchers we may run an additional course.

UEA Online training: Ulster University offers you access to online, live-taught training sessions via the University of East Anglia (UEA). UEA online training is virtual classroom training, taking place in the evening time, responding to the needs of part time students in particular. You must book into this training using the UEA booking page. Once you have registered, further details on how to access the online events are communicated to you in advance, directly by UEA. **Note:** *The Booking System for the UEA courses is managed by UEA directly - <https://bookwhen.com/ueaonlinetraining>.*

Attendance

You are expected to identify workshops that are most appropriate for your needs and to manage your diary in an efficient and professional manner. **When you book into a workshop you are expected to arrive on time and attend the full session, whether it is online or in person.**

All sessions and workshops are free of charge and open to all PhD researchers on all campuses, both full time and part time. We aim to deliver a hybrid programme of events, some online and some in person, bearing in mind the overall student numbers and demand.

We may only be able to run courses on one or two campuses and you may want to travel to attend these sessions. Advance notice is always given of our workshops and you should plan your training accordingly. The Doctoral College will cover basic travel expenses (public transport or mileage) in order for you to attend a workshop that is not delivered at your base campus.

Cancellation Policy

If for any reason you have to cancel, please do so via PhD Manager. You should cancel at least 48 hours in advance of the session so that your place may be allocated to another PhD Researcher. Repeated booking and subsequent non-attendance will be noted and communicated to your Supervisors.

Induction for new PhD Researchers

ALL NEW PHD RESEARCHERS ARE EXPECTED TO ATTEND INDUCTION

Doctoral College Induction

Led by Doctoral College

This event is an opportunity to meet other PhD Researchers. It provides an introduction to research at Ulster University including:

- The nature of a research degree
- University regulations and systems
- Timeline of the PhD
- Research Ethics and Integrity
- Awareness of support
- Researcher Development Programme
- Supervisor /PhD Researcher guidance
- Introduction to PhD Manager
- Group discussion on Expectations
- Reflections from existing PhD Researchers

The Doctoral College Induction is designed to complement your local/subject area Induction.

Local/Faculty Induction

Led by Faculty/ School / Unit

At your Local Induction you will receive information on the following:

- Supervisor(s)
- Postgraduate Tutor(s)
- Research Director
- Your office space /desk
- Your PC
- Administrator / Secretary
- Location of postbox / pigeon hole
- Stationery supplies
- Health & Safety
- Social opportunity to meet colleagues
- Discipline specific training opportunities

Mapped to the Researcher Development Framework

Engagement, influence and impact
The knowledge and skills to work with others and ensure the wider impact of research.

Knowledge and intellectual abilities
The knowledge, intellectual abilities and techniques to do research.

Research governance and organisation
The knowledge of the standards, requirements and professionalisation to do research.

Personal effectiveness
The personal qualities and approach to be an effective researcher.

Domain D

Domain A

Domain C

Domain B

iStock

www.pearson-ed.com

RDP: Mapped to Stage of PhD

The RDP workshops are open to all PhD Researchers at any stage of their PhD. However, you are advised to consider your training requirements and the timing of undertaking courses. Please note that all courses will run each academic year.

You should read course descriptions and decide if they are relevant and useful to the stage of your PhD. See below for some indicative examples of courses in relation to the year/stage of PhD – this is a guide, and each PhD Researcher's skills requirements will be different.

Year 1 Early Stage of PhD	Year 2 Middle Stages of PhD	Year 3 Towards the End
Induction for New PhD Researchers; Writing in the 1 st Year of Your PhD; Kick Off Your PhD (online resources); Presentation Skills: various courses; Project Planning; Introduction to Teaching and Learning in Higher Education; Effective Use of the Library; Ethics and Research Governance; Effective Literature Searching; Working Productively with your Supervisory Team; Seven Secrets of a Successful PhD Researcher.	Starting Second Year; Communicating Your Research to a Non-Research Audience; Presentation Skills: various courses Project Planning; Writing in the 2 nd Year of Your PhD; First Steps to Teaching and Learning in Higher Education (accredited); Strategies for Getting Published; Producing an Effective Poster; Ethics and Research Governance; Planning a Career in Academia; Planning for a Non-Academic Career; Effective Literature Searching; Life Beyond the PhD (careers talks); Seven Secrets of a Successful PhD Researcher; Three Minute Thesis.	Communicating Your Research to a Non-Research Audience; Presentation Skills: various courses; Final Year Focus; Writing in the 3 rd Year of Your PhD; Strategies for Getting Published; Preparing to Submit Your Thesis; First Steps to Teaching and Learning in Higher Education; Planning a Career in Academia Life Beyond the PhD (careers talks); Viva Survivor; Three Minute Thesis.

Any Stage of PhD:

- Building Your LinkedIn Profile
- Social Media in Academia
- Producing an Effective Poster
- Infotopia: Creating Impactful Infographics
- Managing Stress
- Effective Literature Searching
- Systematic Reviews
- Winter School on Statistics
- NVivo: Introduction to Qualitative Data Analysis
- NVivo: Advanced Qualitative Data Management
- SPSS
- Introduction to 'R'
- Mixed Methods
- Qualitative Research Methods
- Quantitative Research Methods
- Intellectual Property: What You Need to Know

Please note that all sessions are open to all PhD Researchers at any stage of their doctoral journey. This is an indicative guideline only – feel free to take the sessions as and when you need them.

Remember: Research Integrity online course (via Blackboard) is MANDATORY and must be completed before your Initial Assessment (within the first three months).

University of East Anglia Online Training Series

Ulster University are partners in the ‘**University of East Anglia (UEA) Online Training Series**’ which offers research and professional skills training for postgraduate research students (PGRs) in a ‘live-taught’ online format. Training sessions are delivered via a virtual classroom, mostly on weekday evenings between 7pm-9pm, but with some additional daytime sessions. The series is organised and administered by Dr Simon Watts (simon.d.watts@uea.ac.uk), PGR Training Coordinator for the Faculty of Social Sciences at UEA, who also teaches Modules 1 to 4. Module 5 is taught by Dr Kimberley Bartholomew from the School of Education at UEA.

The training has been organised into five modules, each focused on a specific area/topic. Students don’t have to attend a whole module, however, and are free to sign up to individual sessions. The modules and individual sessions are as follows:

<p>Module 1: <u>Academic Writing</u></p> <p>(1) What Should a Literature Review Do? (2) Writing Effectively (3) Academic Publishing (4) Writing & Structuring an Effective Thesis</p>	<p>Module 2: <u>Qualitative Research Skills</u></p> <p>(1) A Comparison of Qualitative Methods (2) Qualitative Interviewing (3) Analysing Qualitative Data (4) Using NVivo for Qualitative Research</p>
<p>Module 3: <u>Finishing your PhD</u></p> <p>(1) Preparing for your Viva (2) On the Job: Securing a First Academic Post (3) Preparing Impactful Research Proposals & Grant Applications</p>	<p>Module 4: <u>Teaching Skills</u></p> <p>(1) Preparing & Delivering Seminars (2) Preparing & Delivering Lectures (3) Assessment, Feedback, & Module Design</p>
<p>Module 5: <u>Quantitative Research Skills</u></p> <p>(1) Quantitative Research: A Basic Guide (2) An Introduction to Scale Development (3) An Introduction to Structural Equation Modelling</p>	

Booking for the UEA courses is via <https://bookwhen.com/ueaonlinetraining>

Teaching Training for PhD Researchers

The Doctoral College works with CHERP every year to promote their opportunities for teaching training for PhD Researchers. There are two courses for PhD Researchers:

- **Introduction to Learning and Teaching at Ulster for PGTAs** (mandatory if you want to teach at Ulster);
- **First Steps to Learning and Teaching in Higher Education** (accreditation as Associate Fellow of HEA).

The following table outlines the requirements for those looking to undertake PgTA duties, in accordance with the [PgTA Code of Practice](#) (Approved by Senate, 2019)

<p>All Ulster postgraduate researchers applying for hourly paid teaching posts at Ulster, are required to complete an appropriate professional learning programme and demonstrate they have attended this before being appointed as a PGTA.</p>	<p>Introduction to Learning & Teaching at Ulster for Postgraduate Teaching Assistants (PgTAs)</p> <p>This session is compulsory for all PhD researchers who intend to teach /support students as a PgTA, and should be completed before undertaking PgTA duties.</p> <p><u>Once they have completed this workshop they can teach/demonstrate/support student learning, but cannot mark summative student work.</u></p> <p>Each Introductory session is based on a flipped approach:</p> <ul style="list-style-type: none"> • pre-session materials provided to participants a week in advance of the synchronous session (approx. 1-1.5 hours) • online synchronous session (2.5 hours) <p>Dates for forthcoming workshops in AY 2021-22 can be found at https://www.ulster.ac.uk/cherp/learning/introduction-to-teaching-and-learning</p> <p>All PhD Researchers can avail of this workshop regardless of the year of their studies.</p> <p>Registration for the workshop is via PhD Manager</p>
<p>Certificated opportunities to gain HEA Associate Fellowship (AFHEA) are available to all PGTAs with sufficient teaching related duties (25 hours teaching/learning support with Ulster students) via First Steps to Learning and Teaching in HE (FST), a 20 credit Level 7 module on the PG CPD Framework.</p>	

Participants must have completed the mandatory Introduction to Learning & Teaching at Ulster for Postgraduate Teaching Assistants workshop prior to embarking on FST.

In accordance with the PGTA Code of Practice (2018) **this module is mandatory for any PGTA's who carry out assessment duties**, and available as an optional development opportunity to other PgTAs.

The module adopts a flipped online approach across the academic year (**October-May**) and is available to PhD Researchers who are in **at least the second semester of their first year** of studies.

Full module and application details can be found at
<https://www.ulster.ac.uk/cherp/learning/fst>

Online Resources

Sharepoint 'RDP Online'

The Doctoral College has put together some online resources on a new Sharepoint site for PhD Researchers. They include videos, slideshows, workbooks and downloadable ebooks on:

- 'Kick Off Your PhD'
- 'Preparing for Your Viva'
- 'Seven Secrets of Successful PhD Researchers'
- Induction materials

See: <https://ulster.sharepoint.com/sites/RDPonline>

Vitae

Ulster University is an organisational member of Vitae, the global leader in professional development of researchers. Vitae works with institutions striving for excellence in development and career support for researchers. The Vitae website www.vitae.ac.uk has a wealth of resources and advice tailored specifically to you as a researcher, whether your ambition is to stay or move outside academia. All our staff and PhD Researchers have full access to the website, as long as you register with your Ulster email address.

LinkedIn Learning

All PhD Researchers have free access to over 5000 training courses on LinkedIn Learning.

Advance HE

Ulster University is a member organisation of Advance HE. See www.https://www.advance-he.ac.uk/ for details on free training and resources.

MOOCs

We encourage PhD Researchers to explore free, open access courses developed by Universities globally and hosted on platforms such as FutureLearn, EdX and Coursera.

Researcher Academy

The Researcher Academy provides free e-learning modules developed by global experts. It also provides career guidance and advice. Sign up at <https://researcheracademy.elsevier.com/>

Fast Track Impact

Fast Track Impact provides free online training to help you fast track the impact of your research, no matter what career stage or discipline you are in. It will inspire and equip you with the skills and confidence you need to make a step change in the impact of your research. It takes around 10-20 minutes to work through the course materials each week over 5 weeks, and anywhere from a couple of minutes to a couple of hours to complete each week's tasks. This gives you time to apply what you learn to your own research. See <https://www.fasttrackimpact.com/>

Blogs and Twitter accounts

The Thesis Whisperer, Prof Inger Mewburn
<https://thesiswhisperer.com/>

Hugh Kearns
<https://www.ithinkwell.com.au/index.php>

Pat Thomson
<https://patthomson.net/>

Inside Higher Ed
<https://www.insidehighered.com/blogs>

Research Degree Insiders
<https://researchinsiders.blog/>

LSE Impact Blog
<https://blogs.lse.ac.uk/impactofsocialsciences/>

Academic Staff Training Courses

There is a range of support provided for academic staff at Ulster University and some of these events are open to our PhD Researchers. Please see www.ulster.ac.uk/researchsupport for a full overview.

Opportunities will be communicated to you via the 'Weekly Update' by email. The key training programmes, run by Research and Impact department are:

Impact Development Series

The Impact Development Series is Ulster University's support programme designed to help academic researchers understand impact, enhance the impact of their research, track and evidence it, and generate new pathways to impact. It is never too early to start to think about impact as you begin your academic career. As impact continues to increase in importance across the wider academic research environment for funders, researchers and universities alike, we go back to basics and ask: what is impact, why might it be important for the PhD researcher and how might you plan for impact? Further details and PhD Resources are at: <https://www.ulster.ac.uk/internal/research/researchimpact/training/phd-resources>

PURE

PURE is the central and only repository for all academic, researcher and PhD researcher's outputs. PURE provides live feeds to your individual and externally accessible 'profile page' consisting of accurate, up-to-date, validated information on all your research outputs, your research grants and awards, your PhD supervision activity and, in time, your impact. PURE makes all of your research more visible and searchable – creating potential opportunities for collaboration, networking and grant funding, locally and internationally. Guidance videos and online support as well as details about drop in clinics are available at: <https://www.ulster.ac.uk/internal/research/puresupport>

Equality, Diversity and Inclusion

One of Ulster University's key priorities in the [People & Culture Strategy](#) is Equality, Diversity and Inclusion (EDI). Our commitment to provide staff with relevant communication and guidance on EDI issues is included in our [EDI Strategy](#), [Equality Scheme](#) and [EO Policy](#). To this end, we continue to offer a series of training and awareness sessions across the institution.

Details of indicative training courses are outlined below.

UNCONSCIOUS BIAS AWARENESS

This session will look at our unintentional tendency to assign positive and negative attributes to people because of stereotyping, the cultural environment and personal experiences. This training will help participants identify unconscious bias and its potential impact on behaviour and decision making. It will also suggest ways of mitigating and challenging unconscious bias in the workplace.

BISEXUAL AWARENESS

This session will explore various key terms and definitions; dispel myths and provide information and guidance on how to support bisexual people.

NON-BINARY AWARENESS

This training offers a nuanced exploration of non-binary identities and gender expression. Focusing specifically on experiences of non-binary individuals and how your service or practice can be more inclusive.

Details of events are circulated throughout the year in the Weekly Updates and on Twitter (@UlsterUniPhD)

Researcher Pool for PhD Researchers

The ***Researcher Pool for PhD Researchers*** which was established in 2017 is a joint initiative between People and Culture and the Doctoral College. The main purpose in establishing this pool is to enhance the employability of those that have recently been awarded a PhD or are nearing completion of a PhD.

These posts are offered on a short-term basis only, typically of less than four months.

The Doctoral College will invite all those who submit their PhD thesis to register on the 'Researcher Pool' if they so wish. The Doctoral College will hold these details on an ongoing basis. PhD Researchers who have been on the list for 12 months or more, will be removed.

When a PI (academic staff member) would like to view the details of all those on the Researcher Pool, they will contact the Doctoral College Researcher Development Programme team at researcherdevelopment@ulster.ac.uk who will provide a current list of those registered on the Pool.

People and Culture will be responsible for the recruitment process. When the PI has reviewed the information on the Researcher Pool register, they will contact the relevant contact person in People and Culture.

Further details on the Pool, and application process, are on the People and Culture website at:

https://www.ulster.ac.uk/peopleandculture/policies#letter_R

Additional Support for PhD Researchers

Support for International PhD Researchers

The Centre for English Language Teaching (CELT) at Ulster works in partnership with the Doctoral College to deliver a series of workshops on 'Academic Writing Skills for International PhD Researchers' in both semester one and semester two of the academic calendar.

The workshops are suitable for all international PhD Researchers whose first language is not English.

These sessions will help PhD Researchers to develop the confidence and competence to become autonomous learners in order to conduct research and complete extended writing tasks.

They will develop students' writing and research skills through a progressive approach to constructing academic texts. This ranges from the foundations of writing, through to reading and note-taking, planning, organisation, re-writing and proof-reading own texts.

These sessions will be available for booking on PhD Manager. You should aim to attend all sessions.

Support for Part-time PhD Researchers

Online Provision including evening workshops

The Doctoral College recognises the specific needs of our part-time PhD Researchers and understands that it is not always easy to attend workshops in person or during normal working hours.

Further to the advances in online provision during 2020 and 2021, we have retained some of our online courses while returning to face to face format for other workshops. We operate a hybrid programme in an effort to increase accessibility and enable further engagement for all of our PhD Researchers.

The Online Training Series with the University of East Anglia is a partnership with the Doctoral College in place since 2018.

The **‘University of East Anglia (UEA) Online Training Series’** offers research and professional skills training for postgraduate research students (PGRs) in a ‘live-taught’ online format. Training sessions are delivered via a virtual classroom on Tuesday and Wednesday evenings between 7pm-9pm.

The series is organised and administered by Dr Simon Watts (simon.d.watts@uea.ac.uk), PGR Training Coordinator for the Faculty of Social Sciences at UEA, who also teaches Modules 1 to 4. Module 5 is taught by Dr Kimberley Bartholomew from the School of Education at UEA.

For your convenience, the training has been organised into five modules, each focused on a specific area/topic. You don’t have to attend a whole module, however, and are free to sign up to individual sessions. The full programme is at page <https://ulster.sharepoint.com/sites/RDPonline>

Part-time PhD Network

The Doctoral College established a Part-time PhD Network in early 2022. It is co-hosted by three part-time PhD Researchers Brendan Whelan (Business), Heather Armstrong (Psychology) and Janice Hutchinson (Psychology). The Network meets every month, online – at both lunch times and evening times – and all part-time PhD Researchers are welcome, indeed encouraged to come along.

Workshops on Part-time PhDs

The Researcher Development Programme runs workshops on ‘Doing a Part-time PhD’ and details of this are in the Course Descriptions section and on PhD Manager.

Support from Employability and Careers at Ulster

Employability and Careers offers support specifically for PhD researchers as well as advice, resources and events accessible for everyone studying at Ulster.

Access Online Careers Resources through the Student Employability

Portal www.ulster.ac.uk/employability with specific pages for

PhD Researchers <https://advice.employability.ulster.ac.uk/doctoralresearchers>

1:1 appointments

We run a variety of different appointments including; information drop-ins, CV/application reviews, and careers guidance appointments. Find out more via the Access Advice pages in the Employability

Portal. <https://advice.employability.ulster.ac.uk/careersadvice>

Psychometric Tests

Graduate psychometric tests help to identify a candidate's skills, knowledge and personality. They're often used during the preliminary screening stage, or as part of an [assessment centre](#). They're objective, convenient and strong indicators of job performance; making them very popular with large graduate recruiters. Practice tests can be found on the homepage of the Employability

Portal www.ulster.ac.uk/employability

Events for all students including PhD Researchers

All of our events are open to PhD Researchers. These include workshops, employer presentations, and skill sessions delivered by employers and the Employability and Careers team. Please find details of events for students throughout the Semester on the Events page of the Employability

Portal. www.ulster.ac.uk/employability

Careers Fairs

PhD Researchers are encouraged to attend our Careers Fairs to meet professionals from different organisations and broaden your understanding of how research is used in different sectors. Networking at Fairs can also give you an insight into what employers are looking for and how you can stand out as a PhD Researcher. Updates will be sent by email.

PhD Researcher-specific events

Employability and Careers offer workshops specifically for PhD researchers as part of the Researcher Development Programme. The courses are listed in this Handbook.

PHD RESEARCHER LED INITIATIVES

The Doctoral College encourages PhD Researchers to contribute to the overall Researcher Development Programme. Funding is available for initiatives led by PhD Researchers providing they will benefit the wider cohort beyond your own Faculty.

This initiative seeks to encourage grassroots innovation, creativity and leadership among Ulster University's PhD Researcher community – with the intention of enhancing and complementing the Researcher Development Programme. The fund supports short-term, well-defined initiatives that develop and deliver transferable skills, training experiences and/or resources that are relevant to researchers across two or more Faculties in the University. These initiatives provide outstanding opportunities for PhD Researchers to network, collaborate and share research with one another, while also providing valuable experience for the organisers in event management.

Examples of PhD Researcher-led Initiatives include a conference, research seminar or training activity. Such initiatives provide opportunities for PhD Researchers to network, collaborate and share research with one another, across disciplines, while also providing valuable experience for the organisers in event management.

The maximum funding available for an individual application is £500. Application forms are available on the website along with timelines at www.ulster.ac.uk/researcherdevelopment.

What's the selection criteria?

To be eligible, proposed initiatives must be:

- (1) led by currently enrolled Ulster University PhD Researchers
- (2) beneficial to PhD Researchers beyond the named applicants, and in two or more Faculties in the University
- (3) innovative and address specific needs
- (4) be relevant to the Researcher Development Programme (RDP) and the Vitae Framework
- (5) achievable and realistic
- (6) complement the timing of existing programmes on the RDP

Calls for applications are normally circulated in November and February of each year. For further details contact Lisa Thompson l.thompson@ulster.ac.uk

Three Minute Thesis (3MT®) Competition

3MT® is an academic competition that challenges PhD Researchers to describe their research and its significance, in non-specialist language to a general audience, in just three minutes. Participation in the competition helps PhD researchers to build their confidence and hone their presentation and communication skills. It is also a great way for others to find out about the exciting and varied research going on across the University at doctoral level.

The Rules

- A single static PowerPoint slide is permitted. No slide transitions, animations or 'movement' of any description are allowed. The slide is to be presented from the beginning of the oration.
- No additional electronic media (e.g. sound and video files) are permitted.
- No additional props (e.g. costumes, musical instruments, laboratory equipment) are permitted.
- Presentations are limited to 3 minutes maximum and competitors exceeding 3 minutes are disqualified.
- Presentations are to be spoken word (e.g. no poems, raps or songs).
- Presentations are to commence from the stage.
- Presentations are considered to have commenced when a presenter starts their presentation through either movement or speech.
- The decision of the adjudicating panel is final.

Ulster Success in 3MT®

Ulster's participation in this national competition began in 2018 and we have been making it through to the semi-finals every year. In 2019 one of our PhD Researchers won the UK People's Choice Award and in 2022 we were one of 6 Finalists out of 67 entrants throughout the UK.

Full training and support is offered to those who are eligible to take part in the competition. You must have passed your Confirmation Assessment (at the end of first year) to take part.

All 3MT® presentations are on our Youtube channel – search 'Doctoral College Ulster' on Youtube.



Further details are at: www.ulster.ac.uk/3mt

Festival of PhD Research



Our annual Festival of PhD Research creates a platform for you to showcase your work in a supportive and encouraging environment and enables you to find out about the research being undertaken by PhD Researchers in other subject areas.

The Festival programme normally includes keynote speakers and, more importantly, presentations and poster exhibitions from our PhD Researchers. Also included in the programme will be the 3MT® Semi-Finals and a return of the Bake Your PhD competition!

There are prizes for the Best Presentations and Best Posters.

We encourage all PhD Researchers to take this opportunity to connect with each other and present your work to the wider academic community. The Festival attracts significant social media interest each year.

The Doctoral College normally runs workshops to support you in getting involved in the Festival. We run short workshops on Presentation Skills and Producing Posters in the run up to the conference. If you prefer not to present your work, you are welcome to come along and hear about the exciting PhD research happening at Ulster, to support your colleagues and to start planning for following year's Festival!

Festival website: <https://www.ulster.ac.uk/conference/festival-of-phd-research>

‘The Writing Hub’



The Writing Hub (formerly ‘Shut Up and Write’) facilitates time-bound productivity sessions whereby PhD Researchers work alongside their peers to write, to read, or any other activity that needs done! Some sessions will be online, while others will be in person.

The Writing Hub activities are managed by the Doctoral Development Manager and facilitated by the PhD Researchers themselves. The shorter sessions use the Pomodoro technique using short 25 minute slots (with regular breaks) while the writing retreats work with longer writing slots. It is an opportunity for PhD Researchers to have support and connect with other PhD Researchers from different disciplines.

You can work on anything you need to in the Writing Hub:

- Planning your next piece of writing
- Starting to write your literature review
- Responding to your supervisors’ feedback
- Writing an abstract for a conference
- Catching up on some reading!

Writing Hub activities include:

Weekly writing/productivity sessions

Tuesday 10-12 & Thursday 2-4

*Online each week and in person on the last week of the month in the Docs

Fortnightly writing/productivity sessions

Collaboration with University of Limerick

Friday 2-4, Online

Monthly evening sessions

60 minute online workshop on a specific aspect of writing followed by 60 minutes writing practice session facilitated by guest hosts. Previous sessions included 'Paragraph Magic', '100 Word Abstract Method', Writing for Popular Audiences'.

Online Writing Retreats

Writing Retreat Collaboration with Kings College London

Chapelgarth Writing Retreats

Dates and times will vary

On Campus Writing Retreats

Two day academic writing retreats hosted by Dr Alison Garden

Dates on PhD Manager

If you would like to host or learn to host the short weekly writing/productivity sessions, please contact Lisa Thompson l.thompson@ulster.ac.uk

Collaborations and Partnerships

The Researcher Development Programme is further enhanced by a number of collaborations and partnerships.

Through these partnerships, in addition to delivering on the individual requirements of the PhD Researchers associated with these formal partnerships, we will seek to collaborate with our partner Universities for the benefit of our PhD Researchers and the Researcher Development Programme more broadly. Opportunities are communicated via the Weekly Update throughout the year.

NINE Doctoral Training Partnership

NINE DTP is a Doctoral Training Partnership in the North East of England and Northern Ireland. Ulster University is one of the seven partner universities including Durham, Newcastle, Queen's University Belfast, Northumbria, Sunderland, Teesside. The Partnership offers training and development opportunities for all PhD Researchers

University Alliance Co-Fund Doctoral Training Alliance

The Doctoral Training Alliance is **the largest nationwide multi-partner initiative of its kind**. Run by University Alliance, it builds on the research strengths and industry focus of its members to produce independent, highly employable researchers with knowledge, expertise and skills.

Collaboration with Kings College London

Ulster University is one of several partners involved in a writing collaboration, hosted by Kings College London. The collaboration offers Ulster PhD Researchers the opportunity to take part in online writing retreats with colleagues from other Universities including Brighton, Cambridge, Glasgow, Imperial and York. Details of the retreats will be listed on PhD Manager and announced on Twitter @UlsterUniPhD.

Collaboration with University of Limerick

The Doctoral College at Ulster and the Graduate School of Professional Development at the University of Limerick developed a collaboration in 2020 with an inaugural 'FortWrite' writing festival offering two weeks of writing support for PhD Researchers. The collaboration continues on a fortnightly basis with regular writing sessions on Friday afternoons. All PhD Researchers at Ulster are encouraged to take part in these writing productivity sessions. Details are on PhD Manager.

Feedback and Evaluation

The Doctoral College is keen to hear your views on the Researcher Development Programme. We are interested to hear the feedback from our PhD researchers on the different elements of the programme so that we can continue to augment and improve what is on offer.

A short survey will be emailed to you after you attend a workshop. It is online and anonymous and we would very much appreciate you taking the time to complete them.

If there are additional courses that you would like to see in the Programme, please do let us know. Feel free to email researcherdevelopment@ulster.ac.uk with any other feedback you think might be useful.

You will also have the opportunity to share your feedback on the RDP through the annual report system.

RDP Course Descriptions of Workshops and Online Courses

This section is divided into the four RDF domains (A, B, C and D) and workshops are listed in alphabetical order.

A: Knowledge and intellectual abilities

The knowledge, intellectual abilities and techniques to do research

B: Personal effectiveness

The personal qualities and approach to be an effective researcher

C: Research governance and organisation

Knowledge of the professional standards and requirements to do research

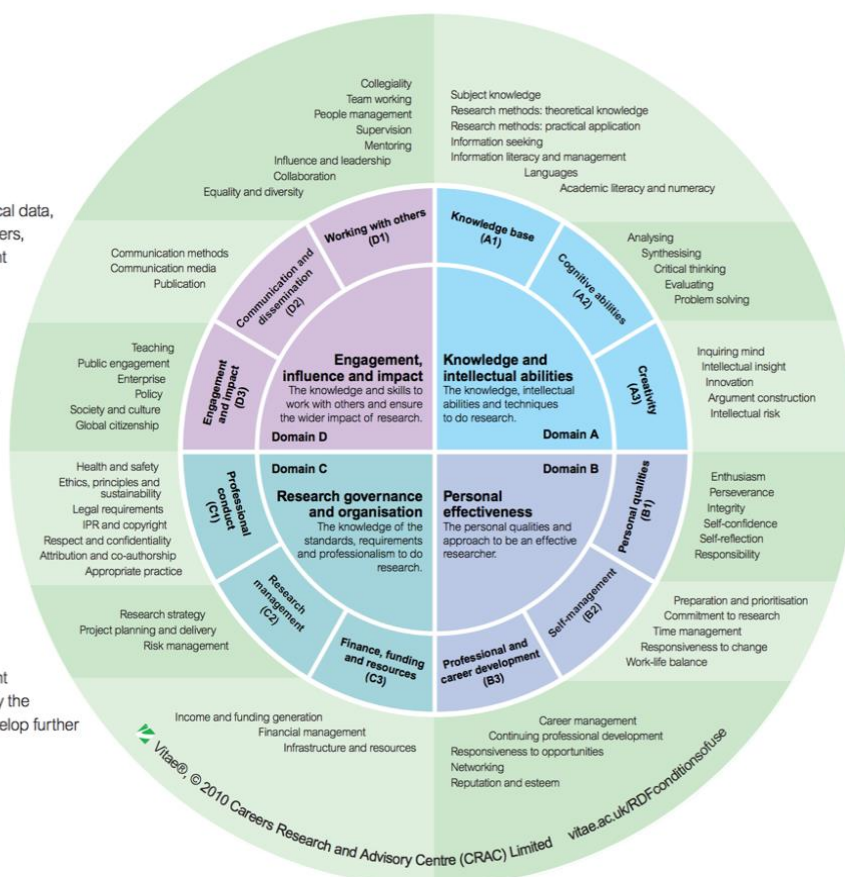
D: Engagement, influence and impact

The knowledge and skills to work with others to ensure the wider impact of research

Structure

The RDF has been created from empirical data, collected through interviewing researchers, to identify the characteristics of excellent researchers expressed in the RDF as 'descriptors'. The descriptors are structured in four domains and twelve sub-domains, encompassing the knowledge, intellectual abilities, techniques and professional standards to do research, as well as the personal qualities, knowledge and skills to work with others and ensure the wider impact of research. Each of the sixty-three descriptors contains between three to five phases, representing distinct stages of development or levels of performance within that descriptor.

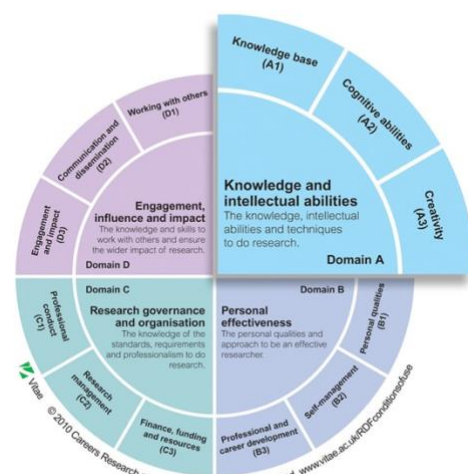
The RDF has been incorporated into a downloadable Professional Development Planner to enable researchers to identify the areas in the framework they want to develop further and to create an action plan.





DOMAIN A: KNOWLEDGE AND INTELLECTUAL ABILITIES

100 Word Abstract Planning Method
 Academic Writing Skills for International PhD Researchers
 A Comparison of Qualitative Methods*
 Analysing Qualitative Data*
 Coding Skills for Biologists
 Critical Reading Formula
 Drafting, Revising, Editing
 Effective Literature Searching
 Effective Use of the Library
 General Linear Model with applications in ANOVA, Regression Analysis and Factor Analysis
 Introduction to 'R'
 Introduction to Scale Development*
 Introduction to Structural Equation Modelling*
Introduction to Qualitative Research Methods
 MS Teams Training
 NVivo Introduction - Setting up your Qualitative Database
 NVivo Underway: Analysing Your Data
 Paragraph Magic
 PhD Manager Training
 Preparing for Your Viva*
 Qualitative Interviewing*
 Quantitative Research: A Basic Guide*
 SPSS: An Introduction
 SPSS: Advanced
Systematic Reviews and Meta-Analyses
 The Productive Writer
 Turbocharge Your Writing
 Using Refworks
 Viva Survivor
 Working with Long Documents
 Writing Skills: First Year of the PhD
 Writing Skills: Second Year of Your PhD
 Writing Skills: Third Year of Your PhD: Thesis Producer
 Writing for Public Audiences
 What Should a Literature Review Do?*
 Writing and Structuring an Effective Thesis*
 Writing Effectively*



100 Word Abstract Planning Method

Title:	100 Word Abstract Planning Method
Facilitator:	Dr Dan Soule, Grammatology
Length:	1 hour
Format:	Online
Domain:	A
<p>Description:</p> <p>The 100 Word Abstract Planning Method webinar a powerful and simple planning and editing technique. Struggling to write a chapter or research paper with a clear focus? Have too much to say and not enough space? Battling to organise your thoughts?</p> <p>In the 100 Word Abstract Method webinar, Dr Dan Soule will outline this powerful and simple technique for getting to the heart of an idea and expressing it clearly. He'll demonstrate a practical technique that you'll be able to follow along with during the presentation and start crafting your document's structure and message.</p> <p>The 100 Word Abstract Method isn't just a great planning tool, it can help with targeting journals and with editing too, and Dan will show you how. That's not all. You'll also learn how to construct titles and first sentences with impact that help you understand your central message and give readers exactly what they want. All this in a 1-hour presentation, with a short Q and A at the end. Then you can get on with crafting a brilliant research paper or thesis chapter.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

A Comparison of Qualitative Methods

Title:	A Comparison of Qualitative Methods
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description: This session will compare and contrast the aims, data collection preferences, analytic style, limitations and appropriate usage of four different qualitative methods - grounded theory, thematic analysis, interpretative phenomenological analysis and narrative analysis – in order to identify the types of research questions to which each method is best suited. The possibility of conducting by-person or case analyses using qualitative data will also be considered.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	<p><i>Extremely helpful, thank you. It was far clearer than any textbook I have used.</i></p> <p><i>Fab session - has helped clarify a lot of questions for me and has made me much more certain about my methodology.</i></p>
Booking details:	<p>Please use UEA booking system to book onto this course. https://bookwhen.com/ueaonlinetraining The booking system opens at 12pm three weeks before each scheduled session.</p>

Academic Writing Skills for International PhD Researchers

Title:	Academic Writing Skills for International PhD Researchers
Facilitator:	Centre for English Language Teaching (CELT), Ulster University
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>These sessions will help students to develop the confidence and competence to become autonomous learners in order to conduct research and complete extended writing tasks.</p> <p>They will develop students' writing and research skills through a progressive approach to constructing academic texts. This ranges from the foundations of writing, through to reading and note-taking, planning, organisation, re-writing and proof-reading own texts.</p> <p>This series of workshops is suitable for INTERNATIONAL PHD RESEARCHERS at any stage of their research.</p>	
<p>Facilitators: This course is run by academic staff from the Centre for English Language Teaching (CELT).</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Analysing Qualitative Data

Title:	Analysing Qualitative Data
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session will consider and discuss a range of issues relative to the micro-analysis of qualitative data. Using example data throughout, issues covered will include the analyst's perspective (the aims and nature of their engagement with the data), coding systems, how to choose extracts for analysis in a systematic fashion, the meaning and importance of interpretation, generalizing from qualitative findings and various write-up issues, including the relationship between the analysis and discussion sections of a qualitative report and the creation of impact.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Coding Skills for Biologists

Title:	Coding Skills for Biologists
Facilitator:	Dr Priyank Shukla, Faculty of Life and Health Sciences
Length:	20 hours; 4 hours per day for 5 days (1 week)
Format:	Blended (Online and Face to face)
<p>Description:</p> <p>This is a postgraduate level module, fully funded by the Department for the Economy. The course is designed for those with a primary degree in science or engineering or in a related area. No prior knowledge of maths, computing or statistics is required. The Life and Health Sciences sector in Northern Ireland has identified key skill gaps in biocomputing and programming. This week-long course aims to inspire and train up those interested in learning coding skills in Python and Linux in the context of biomedical data analysis.</p> <p>Delivery format: Typically the course will have 20 hours of taught content. Those undertaking the course should expect to spend up to 100 hours on the course overall, including reading, videos (live demos), tutorials, workshops and assessment.</p> <p>Teaching will be in a hands-on workshop format in a computer room at Magee campus and online tutorial sessions. Suggested reading materials and tutorials will facilitate learning and understanding. Assessment is 100% coursework using online submission.</p> <p>Learning outcomes: Flowchart building and writing code in Linux and Python to solve biomedical/clinical data analysis problems.</p> <p>Hardware requirements for study: In order to complete the programme, all successful applicants must have access to a broadband connection, a computer or laptop, a webcam and a microphone. A basic-entry PC or laptop would be sufficient.</p> <p>Term dates and times See https://www.ulster.ac.uk/skillup/life-and-health-sciences/biomedical-sciences/coding-skills-for-biologists</p>	
<p>Facilitator: Dr Priyank Shukla is Lecturer in Stratified Medicine (Bioinformatics), Faculty of Life and Health Sciences.</p>	
Booking details:	Apply via the above website. The admissions team in Faculty of Life and Health Sciences will reply to let you know if we can offer you a place.

Critical Reading Formula

Title:	Critical Reading Formula
Facilitator:	Dr Dan Soule, Grammatology
Length:	1 hour
Format:	Online
Domain:	A
<p>Description:</p> <p>The Critical Reading Formula Webinar: taking great notes and developing your thinking.</p> <p>Have you ever felt there is too much to read? Is there a mountain of information that seems not just impossible to climb but easy to get lost in your avalanche of notes? Have you ever found your notes don't make sense later? Or that connecting the dots and critiquing research seems like a mammoth task?</p> <p>In the Critical Reading Formula webinar, Dr Dan Soule will outline a clear method for developing high quality notes on research papers, chapters and books. He will demonstrate a simple set of practical tasks with powerful organisational and analytical potential for you to exploit and adapt to your own purposes.</p> <p>This workshop won't give you the answers to the research questions you have; but it will give you a formula by which you can attack those problems systematically and rigorously. All this in a 1-hour presentation, with a short Q and A at the end. Sign up and transform your notetaking.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Drafting, Revising, Editing

Title:	Drafting, Revising, Editing
Facilitator:	Professor Pat Thomson
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>In this session Pat will offer a framework for thinking about the process of drafting, revising and editing. She will then work, with you, through some strategies that address structure, purpose, and writing concisely and coherently. The workshop is based on Pat's Routledge book on revision.</p>	
<p>Facilitator: Pat Thomson is a Professor of Education in the School of Education, University of Nottingham. Her research is centred primarily on how schools might change to be more engaging and meaningful for more children and young people. She mostly researches the arts, creativity and other kinds of experiential approaches in school and community settings, including galleries and museums. Much of this research has been conducted with my colleague Professor Christine Hall. She has a long-term partnership with Tate Learning. She also works in researcher education and research and writes about the writing that scholars want to, and must, do. She has also been working with Inger Mewburn, the Thesis Whisperer, on academic blogging.</p> <p>You can find her on twitter as @ThomsonPat.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Effective Literature Searching

Title:	Effective Literature Searching
Facilitator:	Professor Brian Taylor
Length:	2 hours
Format:	Online and on campus
Domain:	A
<p>Description:</p> <p>If a literature review is considered a trustworthy source of research evidence, it must be thorough, transparent and reproducible. This course aims to increase your knowledge of systematic searching and appraisal of published evidence. This will cover:</p> <p><i>How to undertake a comprehensive literature search</i> <i>How to document your systematic approach</i> <i>How to apply appraisal tools</i></p>	
<p>Facilitator: Professor Brian Taylor</p>	
Feedback:	<p>Excellent session with superb speaker. Helpful, accommodating manner.</p> <p>Overall, extremely beneficial advice and guidance expertly delivered.</p> <p>Brian was really impressive in the way he spoke and delivered the programme. Very nice style in a relaxed but experienced manner.</p>
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Effective Use of the Library

Title:	Effective Use of the Library: Library Induction for PhD Researchers
Facilitator:	Library Services Staff
Length:	Various
Format:	Online and on campus
Domain:	A
<p>Description</p> <p>The aim of this session is to introduce you to the range of library services and support available to PhD Researchers. It aims to enable you to systematically access and retrieve relevant literature from a broad portfolio of resources offered by Ulster's Library Services. Your subject librarian will be able to help you develop your searching skills.</p> <p>These workshops will run on every campus in the early stages of the first semester.</p> <p><i>Please note: these sessions are arranged according to Faculty to make it more relevant for you. Please check the booking system for the relevant session.</i></p>	
<p>Facilitator: Library Services staff.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

General Linear Model with applications in ANOVA, Regression Analysis and Factor Analysis

Title:	General Linear Model with applications in ANOVA, Regression Analysis and Factor Analysis
Facilitator:	Dr John Mallett, School of Psychology, Ulster University Professor Gary Adamson, School of Psychology Ulster University Professor Jamie Murphy, School of Psychology Ulster University
Length:	18 hrs (3 days)
Format:	Online and on campus
Domain:	A
<p>Description</p> <p>This three day short course provides participants with a firm working knowledge of a wide range of statistical models – many of which are the most commonly used statistical models in the behavioural and social sciences. These models also serve as the fundamental building blocks for advanced statistical models and will be particularly useful for those participants wishing to take more advanced short-courses e.g. the Latent Variable Modelling course.</p> <p>The course begins by exploring the general linear model and its application in Anova, Ancova, Manova and Mancova with repeated measures models. The short course will describe simple bivariate regression and correlation and build gradually to the multivariate case, which incorporates a number of predictor variables. In addition to examining regression models with a continuous outcome variable, time will be devoted to data situations in which the outcome variable is either dichotomous or polytomous, i.e. binary and multinomial logistic regression models. Moreover, exploratory factor analysis (EFA) will be covered in some depth, with the focus on its usefulness as a data reduction method: the EFA model primarily involve reducing a large number of observed variables to a lesser number of latent factors, the purpose of which is to explain the structural relationship between the observed variables parsimoniously. The short course will conclude with an introduction to the Confirmatory Factor Analysis models and its applications using advanced statistical software. The assumptions underpinning the use of all techniques will be considered throughout the short course, together with identifying some strategies for assessing potential violations. Each element of the short course will begin with a lecture to provide participants with a sound conceptual understanding of each statistical model and its application. However, greater emphasis will be placed on practical activity, with participants gaining experience using a hands-on approach to reinforce the learning concepts and to ensure that participants are able to perform the desired analysis and appropriately interpret the output. Days 1 and 2 will be taught primarily using SPSS software with Day 3 using both SPSS and Mplus.</p> <p>No prior knowledge is assumed, but some experience of descriptive statistics and hypothesis testing would be helpful.</p>	
Facilitators: School of Psychology	

Introduction to 'R'

Title:	Introduction to R
Facilitator:	Dr Shuai Zhang / Dr Juliana Gerard
Length:	2 / 3 hours
Format:	Online / on campus
Domain:	A
<p>Description</p> <p>This course will introduce PhD Researchers to the fundamental concepts in statistics using the R language and R Studio. R allows for basic and advanced statistical analysis which is why it is essential for the researcher. The course will involve an intuitive tutorial of basic descriptive, inferential and regression based statistics (parametric and non-parametric metrics, central limit theorem, normal distribution, measures of central tendency and variance [mean, variance, standard deviation, median, interquartile range], correlation coefficient, hypothesis testing, regression analysis). We will also look at histograms, density curves, scatter plots and box plots. There will be an exposure to programming structures and the R language nuances and syntax (Vectors, matrices, lists, data frames, factors, importing data and analyzing data using vectorised functions, concepts such as vectorisation, vectorised functions, recycling and sub-setting). This workshop is lab-based.</p>	
<p>Facilitator: Dr Shuai Zhang joined School of Computing and Mathematics and the Computer Science Research Institute at Ulster University in 2013 as an Associate Member. Shuai's research interests are in the areas of Intelligent</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Introduction to Scale Development

Title:	Introduction to Scale Development
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session will introduce students to the procedures used to develop reliable and valid scales, allowing them to accurately measure a variety of personal and social variables which would otherwise not be directly observable. Led by a tutor well-known for her scale development work in the context of self-determination theory – having designed and implemented both ‘The Controlling Coach Behaviour Scale’ (cited 663 times since 2010) and ‘The Psychological Need Thwarting Scale’ (cited 843 times since 2011) - the session will explore the scale development process from start to finish, beginning with item generation, and moving on to the piloting of items, through data collection, and concluding with a guide to various data analytic techniques, including exploratory and confirmatory factor analyses, as well as appropriate tests of reliability and validity.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	Thank you so much - I really enjoyed the step-by-step approach. It was really pragmatic. These sessions are invaluable as a first year PhD student
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Introduction to Structural Equation Modelling

Title:	Introduction to Structural Equation Modelling
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>Structural Equation Modelling (SEM) is a powerful multivariate statistical technique which enables researchers to examine several regression equations simultaneously. This session will provide an introduction to the key concepts involved in SEM, including latent, exogenous, and endogenous variables and their graphical notation. Students will also be introduced to the concepts of both the measurement and structural model, before being taken on a step-by-step journey through the process of data analysis, stopping off on the way to consider issues of model specification, data collection, model estimation, model evaluation, and model modification. The session will conclude with a demonstration of how to interpret the output of an SEM analysis and to report the findings/revealed model correctly using both text and appropriate diagrams/figures.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

NVivo Introduction: Setting Up Your Qualitative Database

Title:	NVivo Introduction- Setting up your Qualitative Database
Facilitator:	Dr Ben Meehan
Length:	7.5 hours
Format:	Online
Domain:	A
<p>Description</p> <p>NVivo is a software programme for managing qualitative data where deep levels of analysis are required. This course is designed to introduce you to the software and guide you through your first experience of using it.</p> <p>Participants will learn how to set up an NVivo project, how to import and organise your source materials and how to use coding techniques in your analysis.</p> <p>NB: NVivo: Advanced Qualitative Data Management is also on offer. This introductory course, or a working knowledge of NVivo is a prerequisite for the Advanced course.</p>	
<p>Facilitator: Ben Meehan worked in industry for twenty-six years. For the past eighteen years he has worked as an independent trainer and consultant in support of computer aided qualitative data analysis projects (CAQDAS). A graduate of the Irish Management Institute and Dublin Business School he is also a member of the part-time staff in Trinity College Dublin, NUI Galway, NUI Maynooth and Dublin City University. He is a QSR certified platinum trainer and consultant.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

NVivo Underway: Analysing Your Data

Title:	NVivo Underway: Analysing Your Data
Facilitator:	Dr Ben Meehan
Length:	7.5 hours
Format:	Online
Domain:	A
<p>Description</p> <p>This course is designed to build on what you have learned in the introductory course by building your analysis skills in terms of a more robust interrogation of your data and presentation of the findings.</p> <p><u>Please note that attendance at an introductory course or working knowledge of NVivo is a pre-requisite.</u></p> <p>Participants will:</p> <ul style="list-style-type: none"> Learn to target a participant set and use advanced coding queries; Learn to create relationship nodes and code data to them; Learn to test preliminary findings against demographics; Learn to export results and report graphically on weighting of concern. 	
<p>Facilitator: Ben Meehan worked in industry for twenty-six years. For the past eighteen years he has worked as an independent trainer and consultant in support of computer aided qualitative data analysis projects (CAQDAS). A graduate of the Irish Management Institute and Dublin Business School he is also a member of the part-time staff in Trinity College Dublin, NUI Galway, NUI Maynooth and Dublin City University. He is a QSR certified platinum trainer and consultant.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Paragraph Magic

Title:	Paragraph Magic
Facilitator:	Dr Dan Soule, Grammatology
Length:	1 hour
Format:	Online
Domain:	A
<p>Description:</p> <p>The Paragraph Magic Webinar: complexity was never so simple Research is complex. There is so much going on, so much that is relevant how do you make it all connect and make sense without getting tangled in a knot of ideas? In short how do you achieve clarity and flow in your argument?</p> <p>Writing clearly about complex things isn't easy, but the way to get there is simpler than you might imagine. And the key is paragraphs. In this short and powerful webinar, Dr Dan Soule will show you how understanding how paragraphs work contains the magic ingredient to unlocking clarity and flow. The lessons of structure, editing and rewriting paragraphs scale through the whole document, if you know the trick.</p> <p>All this in a 1-hour presentation, with a short Q and A at the end. After this you'll never edit in the same way again.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Qualitative Interviewing

Title:	Qualitative Interviewing
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session will consider three different types of interviewing (structured, semi-structured and unstructured), but with a particular focus on semi-structured or 'qualitative' interviewing. Other issues covered will include the nature of interview questions, the design and structure of an effective interview schedule and the mechanics of conducting a successful interview (with different people and to deliver on our research aims). The idea is to share experiences, knowledge and potential 'tricks-of-the-trade'. Time will be allowed for raising questions and/or issues pertinent to your own PhD studies.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	As ever, your ability to cut through the academic fog, and make things seem more straightforward, makes the PhD task so much less daunting, just as I am getting very bogged down in my own muddled thoughts...Thank you for calling a spade a spade - it is practically and mentally invaluable
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Quantitative Research: A Basic Guide

Title:	Quantitative Research: A Basic Guide
Facilitator:	Dr Kimberley Bartholomew, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session will consider three different types of interviewing (structured, semi-structured and unstructured), but with a particular focus on semi-structured or 'qualitative' interviewing. Other issues covered will include the nature of interview questions, the design and structure of an effective interview schedule and the mechanics of conducting a successful interview (with different people and to deliver on our research aims). The idea is to share experiences, knowledge and potential 'tricks-of-the-trade'. Time will be allowed for raising questions and/or issues pertinent to your own PhD studies.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

SPSS: An Introduction

Title:	SPSS An Introduction
Facilitator:	Dr Chris Bleakley
Length:	3 hours
Format:	Online
Domain:	A
<p>Description</p> <p>This introductory course is designed for researchers who have little or no experience using SPSS or who may need a refresher course on quantitative data analysis. The course encompasses a mix of lectures and hands-on use of SPSS. Throughout the session, participants will be given the opportunity to ask questions, interact and discuss any data they might have. You will learn:</p> <ul style="list-style-type: none"> • Nomenclature: defining variables and levels of measurement • What is a p-value; What is Null hypothesis significance testing? • Navigating the SPSS interface: how to enter data, define variables, commonly used tabs and drop downs • Running descriptive statistics on SPSS: how to determine the centre, spread, and shape of my data Using chart builder on SPSS (box plots; scatter plots): production and interpretation of graphic outputs • Creating new variables on SPSS • Running and interpreting output from common statistical tests on SPSS: Correlation, T-tests, Non-parametric tests 	
<p>Facilitator: Dr Chris Bleakley is a Senior Lecturer in the School of Health Sciences in the Faculty of Life and Health Sciences, Ulster University.</p>	
Booking details:	PhD Manager – under ‘Events/Workshops’

Systematic Reviews and Meta-Analyses

Title:	Systematic Reviews and Meta-Analyses
Facilitator:	Library Staff and Academic Staff
Length:	2 hours
Format:	Online / On campus
Domain:	A
<p>Description:</p> <p>The workshop will use a combination of interactive seminars and practical sessions covering the following:</p> <ul style="list-style-type: none"> • Introduction to systematic reviews • Developing a systematic review protocol (including search strategy) • Literature searching, sources and methods • Study selection and data extraction • Quality assessment, risk of bias and critical appraisal • Data synthesis and introduction to meta-analysis • Publication guidelines for Systematic Reviews <p>Please note: this session is most suitable for those PhD Researchers in the Faculty of Life and Health Sciences. Completion of preparation tasks will be required before you attend the online session.</p>	
Facilitator: Library Staff and Academic Staff	
Booking details:	PhD Manager – under ‘Events/Workshops’

The Productive Writer

Title:	The Productive Writer
Facilitator:	Dr Dan Soule, Grammatology
Length:	1.5 hour
Format:	Online
Domain:	A
<p>Description:</p> <p>This 90min seminar is for those struggling to get the words on the page, or those wishing it would come more easily. In this session we will go over strategies for using your time more effectively as a writer, and how to build good writing habits, and how to develop your focus and creativity.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	PhD Manager – under ‘Events/Workshops’

Turbocharge Your Writing

Title:	Turbocharge Your Writing
Facilitator:	Hugh Kearns, Flinders University
Length:	2 hours
Format:	Online
Domain:	A/B
<p>Description:</p> <p>Would you like to know the secret to high output, low stress scholarly writing? In academia it is often assumed that writing comes naturally. However, an overwhelming body of research shows that there are very clear and practical strategies that can greatly increase your writing productivity.</p> <p>This workshop will help you to understand:</p> <ul style="list-style-type: none"> • why it's hard to get started • how we deliberately use distractions to slow down writing • the principles of quick starting • how to deal with destructive internal beliefs • how to set a writing plan and stick to it • how to set achievable goals by writing in a silo • how to greatly increase the number of actual words you produce • how to clarify your thinking, and improve the quality of your work 	
<p>Facilitator:</p> <p>Hugh Kearns is recognised internationally as a public speaker, educator and researcher. He regularly lectures at universities across the world and has recently returned from lecture tours of the UK and the US which included lectures at Oxford, Cambridge, Harvard, Berkeley and Stanford. His areas of expertise include self-management, positive psychology, work-life balance, learning and creativity. He draws on over twenty-five years of experience as a leading training and development professional within the corporate, financial, education and health sectors in Ireland, Scotland, North America, New Zealand and Australia. He has coached individuals, teams and executives in a wide range of organisations in the public and private sectors.</p>	
Booking details:	PhD Manager – under ‘Events/Workshops’

Using Refworks

Title:	Using Refworks
Facilitator:	Library Services, Ulster University
Length:	2 hours
Format:	Online
Domain:	A/B
Description: Successful reference management is essential for your literature review, for citing other people's work and for the creation of bibliographies. Learn how to reference the easy way using RefWorks, the only referencing software supported by Ulster University, in this hands-on workshop.	
Facilitators: This course is run by the staff of Library Services at each campus.	
Booking details:	Timetable and booking is at: http://library.ulster.ac.uk/forms/training/refworks/

Viva Survivor

Title:	Viva Survivor
Facilitator:	Dr Nathan Ryder
Length:	3 hours
Format:	Online
Domain:	A/B
Description: <p>The viva is the culmination of the PhD process: a lot of work has led to this point, but a feeling of anxiety can accompany the sense of achievement at completing one's thesis. For many PhD candidates, the time leading up to the viva is filled with stress about the day, and uncertainty about how to prepare and what the viva will be like.</p> <p>Viva Survivor is a session for postgraduate researchers close to submission who want to gain insight on how to be well prepared for their viva. In this session participants will:</p> <ul style="list-style-type: none"> • identify allies for their viva preparation; • explore practical strategies to prepare; • discuss common viva questions. <p>There are a number of resources for viva preparation including Nathan Ryder's book – a free download is available for each PhD Researcher at Ulster. Check out our RDP Resources Sharepoint site: https://ulster.sharepoint.com/sites/RDPonline</p>	
Facilitator: <p>Dr Nathan Ryder loves interesting challenges. This led him to a PhD in Mathematics at the University of Liverpool, and then to working freelance as a skills trainer in higher education. He has helped over 2500 PhD candidates prepare for their viva. Nathan writes and produces Viva Survivors, a daily blog of viva prep help and an irregular podcast where he interviews PhD graduates about their research and viva. He is the author of two books on viva preparation. Find him on Twitter as @DrRyder and @VivaSurvivors.</p>	
Booking details:	PhD Manager

Working with Long Documents

Title:	Working with Long Documents
Facilitator:	Optimal Training
Length:	2 hours
Format:	Online
Domain:	A/B
Description: This Working with Long Documents training course is designed for anyone who wants to get the most out of formatting long documents in Microsoft Word. The workshop will look at: <ul style="list-style-type: none"> • Mirrored Margins (printing on both sides) • Styles - Using Word's built-in styles and setting up custom styles • Table of Contents • Numbered Headings • Headers & Footers • Section Breaks • Controlling Headers & Footers within Sections • Page Numbers • Controlling Page Numbers within Sections • Unlinking Page Number Sequence / Formatting • Captions • Table of Figures 	
Facilitator: Optimal Training Ltd	
Booking details:	PhD Manager

Writing Skills: First Year of the PhD

Title:	Writing Skills: First Year of the PhD
Facilitator:	Dr Dan Soule, Grammatology
Length:	2 hours
Format:	Online (2 x half days) or on campus (full day)
Domain:	A/B
<p>Description:</p> <p><i>Part 1: Note Taking and Writing Habits</i></p> <p>At the start of your PhD there is nothing more important than notetaking, and yet many of the strategies people used for previous degrees and in their work-life just aren't fit for purpose. Bullet points won't cut it. And it's not just about bullet points. You need a system to deal with the volume and you need to manage change in your thinking over the longer term. In this workshop we will explore powerful notetaking tasks that help your critically review the literature, project management, develop your thinking and build an effective writing habit as a side-effect.</p> <p><i>Part 2: Writing Skills for First Year PhDs: Academic Style and Critical Voice</i></p> <p>Developing your own voice, while still sounding like a professional researcher in your discipline is one of the hardest and difficult to define writing tasks you can face. In this workshop we will explore the details of what constitutes 'good' academic style, from crafting readable sentences, composition impactful paragraphs, and developing that all important critical voice. However, in so doing, we will also look at the critical structure of a literature review, which will inform your end of year report and the opening chapters of your thesis.</p> <p>You should attend both parts of this training.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Writing Skills: Second Year of the PhD

Title:	Writing Skills: Second Year of the PhD
Facilitator:	Dr Dan Soule, Grammatology
Length:	2 hours
Format:	Online (2 x half days) or on campus (full day)
Domain:	A/B
<p>Description:</p> <p><i>Part 1: Planning and Drafting Processes</i></p> <p>Research writing is as much about what you leave out as what you put in. The classic problem is having too much to say. Too much background literature to discuss. Too much data to include. Then how do you put it all together into a readable chapter, that not only gets your idea and findings across, but also does it persuasively and clearly? In this workshop, we will cover strategies to effectively plan and outline your chapter, creating a structure that flows and puts across your central idea. We will also discuss methods of drafting and the overall writing process, exploring different approaches for getting the work done.</p> <p><i>Part 2: Structuring and Editing Chapters</i></p> <p>Editing isn't just a quick read through checking for typos. There are different types of editing aimed at improving your text and bringing it up to the doctoral standard. In this workshop, we will look at different editing techniques and fit them into the overall writing process discussed in the Planning and Drafting workshop. We will explore the difference between editing for structure and content, versus editing for detail and polish.</p> <p>You should attend both parts of this training.</p>	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Writing Skills: Third Year of the PhD

Title:	Writing Skills: Third Year of the PhD
Facilitator:	Dr Dan Soule, Grammatology
Length:	3 hours
Format:	Online or on campus
Domain:	A/B
<p>Description: This is workshop for students in the final stages of writing up a doctoral thesis. It deals with tasks and issues important to finishing off a thesis, such as the difficulties of editing a large document and writing to deadlines. The workshop will cover:</p> <ul style="list-style-type: none"> · How to edit, formatting and proofreading the thesis · Producing a detailed plan of what they have achieved and what they have left to do · Create a timeline for a schedule of works · Create a synopsis of their thesis so far · Shed light on important procedural issues around submission and examination. · How to talk about the thesis in the viva 	
<p>Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’ <i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Writing for Public Audiences

Title:	Writing for Public Audiences
Facilitator:	Dr Dan Soule, Grammatology
Length:	2 hours
Format:	Online or on campus
Domain:	A/B
Description: <p>This workshop deals with issues around communicating your research for popular audiences such as businesses and consumers. In particular, the differences between research articles and press releases and online media are dealt with. The workshop involves practical writing tasks focused the different style and structures needed to communicate with non-academic audiences. Participants will see how the audience and structure of story or message can affect how research comes across.</p>	
Facilitator: Dr Dan Soule specialises in academic and research writing training in universities and other research institutions. Focusing on postgraduates and research staff, He provides training on writing complex research documents such as research articles, theses and dissertations. Moreover, our training can include writing research for popular audiences through traditional and digital media.	
Booking details:	PhD Manager – under ‘Events/Workshops’ <i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i>

What Should a Literature Review Do?

Title:	What Should a Literature Review Do?
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>Every thesis must include a review of relevant literature. Indeed, conducting a literature review is often the first thing a PGR student is asked to do. This session discusses the purpose of this literature review and the importance of summarising, analysing and synthesising the arguments of others as a means of providing a context for your own research. It also considers some alternative models for writing and structuring a literature review chapter. Understanding your research 'field', and being able to guide your reader around it, are very important first steps on the road to doctoral success. This session is designed to facilitate that process.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	I just wanted to express how useful and inspiring I found your session. You gave a very clear overview and some fantastic tips, including your crib sheet and how to organise my reading and notes. It was also good to understand more deeply how to be critical, and I am hoping I can put all your insights into practice. Thank you also for sending all the additional material which I look forward to reading.
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Writing and Structuring an Effective Thesis

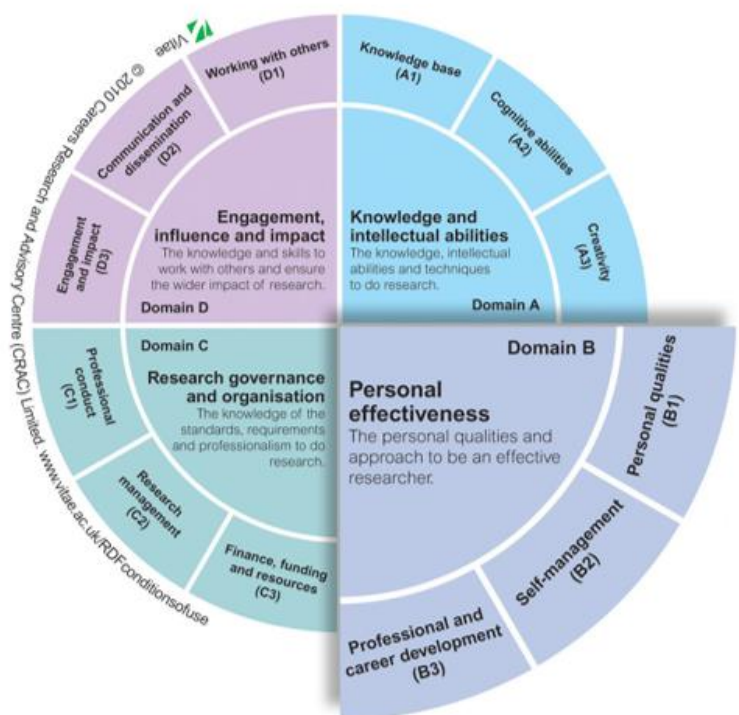
Title:	Writing and Structuring an Effective Thesis
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session, as the name suggests, will focus on the writing - style, structure and presentation - of an effective PhD thesis. Issues covered will include the overall chapter structure, the aims and presentation of specific chapters (including the introduction, literature review, theoretical/methodological chapters, study chapters, and general discussion), and the manner in which they should be combined to create an effective and impactful thesis. The need to create a single 'golden thread' or 'guiding narrative' for the thesis will also be emphasised. Writing an 80-100000 word document is very difficult indeed and this session is designed to help break the task into manageable chunks.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	Thank you for an outstanding session today. Your training has at last made the whole thesis writing process clear to me. I can now see a way through the remaining 18 months and cannot wait to get back to the chapters I have written so far to improve them. Comments that I have received from my supervisors... now make sense... I will be following your advice, as I can see how they will result in a far more coherent thesis
Booking details:	<p>Please use UEA booking system to book onto this course. https://bookwhen.com/ueaonlinetraining The booking system opens at 12pm three weeks before each scheduled session.</p>

Writing Effectively

Title:	Writing Effectively
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	A
<p>Description:</p> <p>This session will consider the basic elements of effective academic writing and how they can be combined to ensure the best chance of success. Issues covered will include preparation (targeted literature reviewing, taking a 'position' as an author, and the creation of a preliminary draft), the task of writing (having clear aims, order and structure, signposting, and guiding the reader), writing style (the achievement of clarity and simplicity) and the need for a clear, logical and straightforward conclusion or 'take-home' message. Approaches to editing will also be considered. This session represents almost two decades of academic writing experience packed into two hours, so come along and take advantage!</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

DOMAIN B: PERSONAL EFFECTIVENESS

- Applying for a Postdoc
- Building Your LinkedIn Profile
- CVs, Applications and Interviews
- Employability Skills for PhD Researchers
- Final Year Focus
- Kickstart Your PhD
- Life Beyond the PhD: series of careers talks
- Networking: the Fundamentals of Effective Networking
- On the Job: Securing Your First Academic Post
- Planning an Academic Career
- Preparing for a Conference
- Preparing to Submit Your Thesis
- Planning for a Non-Academic Career
- Procrastination Busting Techniques
- Seven Secrets of a Successful PhD Researcher
- Starting Second Year of Your PhD
- Stress Awareness
- Working Productively with Your Supervisory Team



Applying for a PostDoc

Title:	Applying for a PostDoc
Facilitator:	Professor Raffi Folli
Length:	2 hours
Format:	Online
Domain:	B
<p>Description: Participants will learn about becoming a post-doctoral researcher and about identifying the most suitable position as well as exploring possible career paths in order to help an informed decision about future careers in research. The workshop will also look at potential sources of funding, particularly in the fields of arts, humanities and social sciences and business.</p> <p>By the end of the workshop participants will:</p> <ul style="list-style-type: none"> • Be aware of possible career paths and the realities of pursuing a career in research • Understand what is involved in working as a contract post-doctoral researcher • Be aware of the similarities and differences between being a PhD Researcher and a contract researcher • Be aware of different approaches in identifying post-doctoral researcher positions • Be aware of a range of factors to consider when choosing and applying for post-doctoral positions • Have a clear expectation about what may be involved in a post-doctoral interview and be aware of common features in the recruitment process for contract research positions • Be aware of considerations to take into account before accepting a postdoctoral position. • Explore the various sources of funding. 	
<p>Facilitator: Professor Raffi Folli, Ulster University.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Building Your LinkedIn Profile

Title:	Building Your LinkedIn Profile
Facilitator:	Employability and Careers colleagues
Length:	2 hours
Format:	Online
Domain:	B
<p>Description: Your network is the most important tool for finding and securing new opportunities. LinkedIn is the platform that allows you to build and expand your network and the best bit is, it's in a format you recognise and are used to navigating.</p> <p>Getting added value from having a LinkedIn profile is not that straightforward and this workshop will focus on how you can have a LinkedIn profile that makes an impact for you</p>	
<p>Facilitator: Employability and Careers colleagues.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

CVs, Applications and Interviews

Title:	CVs, Applications and Interviews
Facilitator:	Employability and Careers colleagues
Length:	2 hours
Format:	Online and on campus
Domain:	B
<p>Description:</p> <p>Marketing yourself effectively through your CV, applications and in person is crucial to your future career success.</p> <p>This workshop will show you how to articulate, and sell, the skills and experience you are developing through your research. You will also learn what employers expect from prospective applicants and how you can promote yourself in the most positive way possible.</p>	
<p>Facilitator: Employability and Careers colleagues</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Employability Skills for PhD Researchers

Title:	Employability Skills for PhD Researchers
Facilitator:	Dr Sabina Strachan, How2Glu
Length:	2 hours
Format:	Online
Domain:	B
<p>Description: This graphically facilitated workshop will help you understand what skills and behaviours are sought after by employers, clients or funders and how to build these into your PhD experience and evidence them. We will also look at skills relevant to academic and non-academic career paths, understand commonalities and differences, explore different kinds of CV, and how to find helpful resources. You'll work through glucard™ activities, share experiences and identify your own strengths and employability skills. We'll identify challenges that might affect your transition from PG research and discuss strategies and actions to overcome them. We'll look at examples of chronological, skills-based, academic, project-based and portfolio CVs and talk through what options are going to work best for you. We'll look at different kinds of opportunities that would enable you to develop desirable skills, how to access those opportunities, and how to evidence your skills and strengths to potential employers, etc. We'll work through specific steps that will allow you to practise one of these strategies as individuals and in small groups, looking at the 'managing expectations' skill using a glucard™ tool. And you'll be introduced to the glucard™ CV builder to capture your transferable skills, experience and examples. Sabina will illustrate concepts, demonstrate tools by sharing live visualisations and respond to your particular experiences, questions and objectives.</p>	
<p>Facilitator: Dr Sabina Strachan is a partnership developer, collaboration expert and entrepreneur who founded how2glu in 2018, a consultancy and training provider that helps people work together better to achieve greater impacts (www.how2glu.com). She is a strategist and expert problem solver, who has worked with strategic stakeholders for over 20 years.</p> <p>how2glu is also working with the HE and private sectors as it develops innovative skills development digital products. Sabina was previously a University of Glasgow research developer and headed up the Scotland office of an international research & management consultancy. She is a charity trustee, employer mentor, business advisor, graphic facilitator and coach.</p>	
Booking details:	PhD Manager – under 'Events/Workshops'

Final Year Focus

Title:	Final Year Focus
Facilitator:	Dr Nathan Ryder
Length:	1 hour
Format:	Online
Domain:	B
<p>Description:</p> <p>Are you several years into your PhD journey, but feel like there is a long way to go? Are you finding finishing your research or thesis hard going? Does it feel like there is a lot to do - and not all of it seems clear? This session might be helpful for you!</p> <p>Final Year Focus is a 1-hour webinar to encourage PhD candidates as they work through their final year. In this session you will:</p> <ul style="list-style-type: none"> • learn tools and processes to help with the final year of your PhD; • identify what actions you must take to help you succeed; • explore ideas to help you on your way to submission, and beyond! <p>You don't need to prepare anything before the session, but might benefit from having paper to hand or something to make notes on. The session will be delivered by Dr Nathan Ryder live over Zoom. Registration is limited to 40 places.</p>	
Facilitator: Dr Nathan Ryder	
Booking details:	PhD Manager – under ‘Events/Workshops’

Kicks Off Your PhD: series of video and online resources

Title:	Kickstart Your PhD																										
Facilitator:	Fistral Consultancy																										
Length:	Various																										
Format:	Online - anytime																										
Domain:	B																										
<p>Description:</p> <p>Fistral Consultancy (Dr Fraser Robertson) series of videos to help you in the early stages of your PhD. The videos are listed below and you should use the Workbook alongside these videos to make the most of the resources. The resources are at: https://ulster.sharepoint.com/sites/RDPOnline</p> <table border="1"> <tr><td>00</td><td>Kick-Off Your PhD - Introduction</td></tr> <tr><td>01</td><td>Managing Your Project - Initiate the Project</td></tr> <tr><td>02</td><td>Managing Your Project - Understand Stakeholders</td></tr> <tr><td>03</td><td>Managing Yourself - Set Goals</td></tr> <tr><td>04</td><td>Managing Your Project - Manage Expectations</td></tr> <tr><td>05</td><td>Managing Your Project - Identify Tasks</td></tr> <tr><td>06</td><td>Managing Yourself - Use Time Effectively</td></tr> <tr><td>07</td><td>Managing Yourself - Reduce Procrastination</td></tr> <tr><td>08</td><td>Managing Your Project - Planning for Uncertainty</td></tr> <tr><td>09</td><td>Managing Yourself - Build Resilience</td></tr> <tr><td>10</td><td>Managing Yourself - Establish Support Systems</td></tr> <tr><td>11</td><td>Managing Yourself - Manage Supervision Relationships</td></tr> <tr><td></td><td>WORKBOOK (to use in conjunction with videos)</td></tr> </table>		00	Kick-Off Your PhD - Introduction	01	Managing Your Project - Initiate the Project	02	Managing Your Project - Understand Stakeholders	03	Managing Yourself - Set Goals	04	Managing Your Project - Manage Expectations	05	Managing Your Project - Identify Tasks	06	Managing Yourself - Use Time Effectively	07	Managing Yourself - Reduce Procrastination	08	Managing Your Project - Planning for Uncertainty	09	Managing Yourself - Build Resilience	10	Managing Yourself - Establish Support Systems	11	Managing Yourself - Manage Supervision Relationships		WORKBOOK (to use in conjunction with videos)
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Accessing the Resources:	https://ulster.sharepoint.com/sites/RDPOnline																										

Life Beyond the PhD: series of careers seminars

Life Beyond the PhD is a series of 1 hour seminars hosted by the Doctoral College in partnership with each of the Faculties. The series aims to introduce our PhD Researchers to Ulster PhD alumni and friends who will share their experience and career journey since completing their PhD. These events will host PhD graduates who will outline their career to date working in a range of roles, both academic and non-academic. Each seminar will include an opportunity for PhD Researchers to ask questions of the speaker. The events are open to all PhD Researchers in all disciplines, however, some may be more relevant than others depending on the subject area.



On the Job: Securing Your First Academic Post

Title:	On the Job: Securing Your First Academic Post
Facilitator:	Dr Simon Watts
Length:	2 hours
Format:	Online
Domain:	B
<p>Description:</p> <p>In a highly competitive world, securing any academic post is difficult. Getting a foot on the ladder in this context can seem especially daunting. Excellent subject knowledge, research and teaching skills are a good place to start, but a lack of know-how and experience in the application process often leads to 'all being lost' in the paperwork. Followed carefully, the advice given in this session will stop that happening. Delivered by an academic of 20 years standing - eight of which were spent (very successfully) advising PGT/R relative to academic job applications - the session will focus on a number of relevant issues, including the need to establish an academic identity, how to recognise a 'gettable' post, and particularly the generation of effective and job-tailored application paperwork (including CV's, personal statements, and covering letters). The structure and nature of academic interviews will also be discussed. Will attending this session secure you a first academic post? No. But it should improve your chances of being interviewed, and that's a very big step in the right direction.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	Thank you very much! Great session and loads of really helpful resources and examples to use now and in the near future
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Planning a Career in Academia

Title:	Planning a Career in Academia
Facilitator:	Academic Staff, Ulster University
Length:	2 hours
Format:	Online / on campus
Domain:	B
Description: This seminar is aimed at people thinking of pursuing a career as a lecturer. It will highlight some of the key features of working as a lecturer in the UK context; including some suggestions as to how to develop your profile and discuss how to approach applications, interviews and interview presentations.	
Facilitator: Professor Rory O'Connell and Dr Michelle Rouse, Ulster University.	
Booking details:	PhD Manager – under 'Events/Workshops'

Preparing to Submit Your Thesis

Title:	Preparing to Submit Your Thesis
Facilitator:	Head of Doctoral College
Length:	2 hours
Format:	Online
Domain:	B
<p>Description:</p> <p>This workshop is aimed at PhD Researchers who are approaching the final stages of their PhD (i.e. within 5-7 months of expected submission). This short and practical session will explain each of the steps involved around the submission process. It will cover the forms that need to be completed with timelines and explanations, and will also cover thesis format requirements, including digital copyright, metadata and embargo restrictions.</p> <p>In addition, the workshop will provide an overview of the final examination process from the oral examination and outcomes through to final submission requirements. This practical session will be led by the respective Head of Doctoral College in conjunction with library staff and will be no longer than 2 hours.</p>	
Facilitator: Head of Doctoral College	
Booking details:	PhD Manager – under ‘Events/Workshops’

Procrastination Busting Techniques: Getting Unstuck

Title:	Procrastination Busting Techniques: Getting Unstuck
Facilitator:	Fistral Consultancy
Length:	2 hours
Format:	Online
Domain:	B
<p>Description:</p> <p>Everyone procrastinates at some point in their work. The question is, how much and why? Chronic procrastination can limit your success, whatever your talents and expertise. Additionally, over time, procrastination can undermine your self-belief and confidence. PhD study can make procrastinators of everyone, because of its specific challenges: it is a long-term project, with few short-term deadlines, and it is a supremely difficult undertaking.</p> <p>Whether you are an occasional or chronic procrastinator, this webinar will provide you with some insights into your personal procrastination habits and provide you with ideas to counteract this tendency. You will also learn some simple, short-term techniques to deal with procrastination when it strikes.</p> <p>During this 2hr webinar participants will:</p> <ul style="list-style-type: none"> • understand what sits behind acute and chronic procrastination • identify tactics to address their procrastination habits • get moving through simple procrastination busting techniques 	
<p>Facilitator: Dr Rosemary Doyle, Fistral Consultancy</p>	
<p>Booking details:</p>	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Seven Secrets of a Successful PhD Researcher

Title:	Seven Secrets of a Successful PhD Researcher
Facilitator:	Hugh Kearns, Flinders University
Length:	3 hours
Format:	Online
Domain:	B
<p>Description:</p> <p>What do PhD Researchers do to finish on time, to overcome isolation, doubt and writer's block, and to enjoy the process? In addition, and just as importantly what do they do in order to spend guilt-free time with their family and friends and perhaps even have holidays? If this sounds appealing, then this session will be of particular use to you. This workshop describes the key habits that our research and experience with thousands of PhD Researchers shows will make a difference to how quickly and easily you complete your PhD. Just as importantly, these habits can greatly reduce the stress and increase the pleasure involved in completing a PhD.</p> <p>The workshop helps you to understand how to increase your effectiveness and outcomes in the following key areas:</p> <ul style="list-style-type: none"> • how you deal with your supervisor • how you structure your study time • your attitude (or lack thereof!) in relation to your research • dealing with writer's block or having difficulty writing • getting the help you need when you are stuck • juggling multiple commitments and never having enough time • keeping on going when the going gets tough 	
<p>Facilitator:</p> <p>Hugh Kearns is recognised internationally as a public speaker, educator and researcher. He regularly lectures at universities across the world and has recently returned from lecture tours of the UK and the US which included lectures at Oxford, Cambridge, Harvard, Berkeley and Stanford. His areas of expertise include self-management, positive psychology, work-life balance, learning and creativity. He draws on over twenty-five years of experience as a leading training and development professional within the corporate, financial, education and health sectors in Ireland, Scotland, North America, New Zealand and Australia.</p>	
Feedback:	<p>Fantastic session with a lot of practical advice that will be beneficial moving forward with my PhD project.</p> <p>Wonderful, amazing workshop – essential to all PhD Researchers.</p>
Booking details:	PhD Manager – under 'Events/Workshops'

Starting Second Year: Doctoral College Update

Title:	Starting Second Year: Doctoral College Update
Facilitator:	Doctoral College Staff
Length:	2 hours
Format:	On campus
Domain:	B
Description: PhD Researchers who are starting the second year of their PhD are encouraged to come along to this face to face session with Doctoral College staff. Take the opportunity to meet the Doctoral College staff and your PhD Researcher colleagues on your campus. The event will include some updates for you as second year PhDs, an opportunity to meet your peers and hear from our PhD Researchers in this year's 'Ask Us Anything' panel – the panel will include PhD Researchers who are in their third year or who have recently graduated.	
Facilitator: Doctoral College Staff	
Booking details:	PhD Manager – under 'Events/Workshops' <i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i>

Stress Awareness

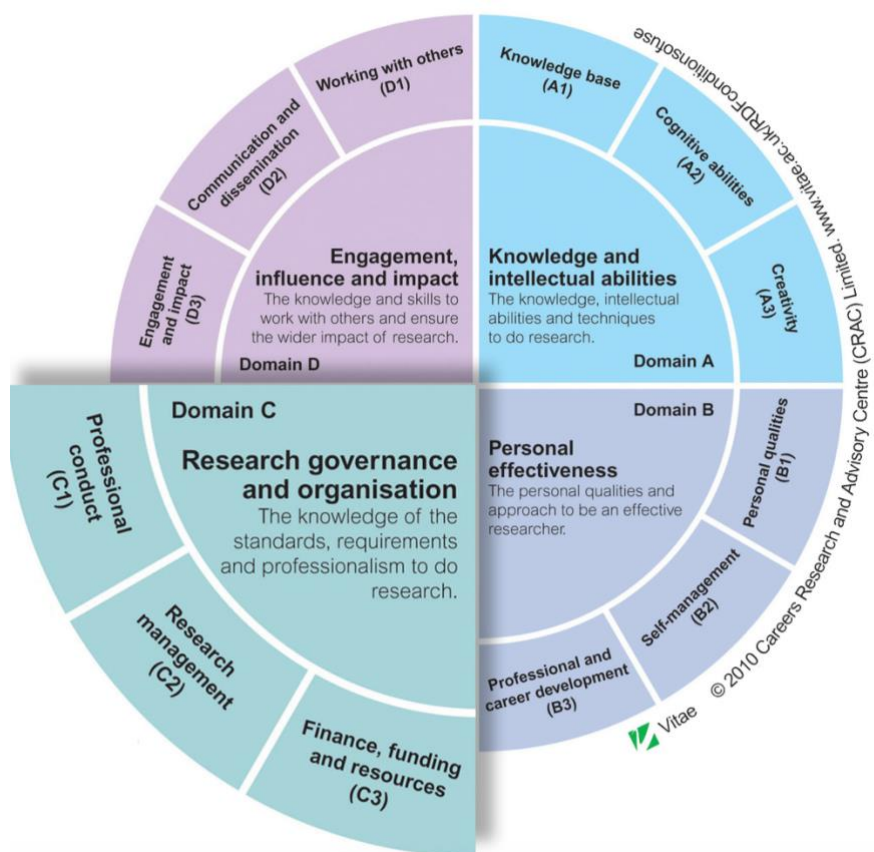
Title:	Stress Awareness
Facilitator:	Student Wellbeing
Length:	2 hours
Format:	Online and on campus
Domain:	B
<p>Description:</p> <p>A greater emphasis is placed on postgraduate researchers to self-manage and be self-directed learners in the acquisition of academic and professional skills for the future. PhD Researchers often have to balance issues with planning, face academic difficulties and adversities, and personal problems along the way. All of these increase stress and impact on wellbeing of researchers.</p> <p>This short programme will enable participants to develop a positive mental attitude to become 'stress smart' by understanding the differences between pressure and stress. The session will help participants develop tools and strategies utilising the 'Take 5 steps to wellbeing', in order to maximise success.</p>	
<p>Facilitator: Student Wellbeing</p>	
<p>Booking details:</p>	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Working Productively with your Supervisory Team

Title:	Working Productively with your Supervisory Team
Facilitator:	Head of Doctoral College
Length:	2 hours
Format:	Online and on campus
Domain:	B
<p>Description:</p> <p>Relationships between a PhD researcher and members of their supervisory team are unlike most student teacher relationships. Supervisors do not teach, but supervise, and the variety within individual supervisory teams (e.g. 2 or more supervisors coming with their own perspectives and experiences) has potential to complicate the situation. While most PhD researchers report high levels of satisfaction with their supervision, even the happiest PhD researcher/supervisor relationships may at times experience moments of misunderstanding and/or tension, in part due to the nature of research itself.</p> <p>Whether you have aspirations to be an academic yourself (or not), working in teams is relevant to many professional careers, and now is the time to start thinking about what sort of supervisor (or team leader) you would like to be. This session will be based on some of the common problems that can develop during a research degree and will propose some strategies for addressing them. This workshop will help you understand why the PhD is 'taught' the way it is and how to position yourself to get the most out of the PhD researcher experience. It will also facilitate reflection on characteristics of effective supervisory teams, enhancing your professional development.</p> <p>By the end of this workshop you will:</p> <ul style="list-style-type: none"> • Be familiar with the nature of PhD supervision, and responsibilities of both supervisors and PhD researchers at Ulster. • Recognise some of the common problems that PhD researchers and supervisors encounter, and what (if anything) you can do to prevent them happening. • Have reflected on the characteristics of effective supervisory teams. 	
<p>Facilitator: Head of Doctoral College</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

RESEARCH GOVERNANCE AND ORGANISATION (Domain C)

Building Better Research
 Conducting Research with Vulnerable Participants
 Data Protection^
 Equality and Diversity^
 Ethics and Research Governance: An Introduction
 Intellectual Property: What You Need to Know
 Preparing Impactful Research Proposals and Grant Applications*
 Preparing for Thesis Submission
 Project Planning (1) Establishing Foundations
 Project Planning (2) Scoping the Project
 Project Planning (3) Creating the Plan
 Project Planning (4) Planning for Uncertainty
 Research Integrity (**mandatory**)^



Building Better Research

Title:	Building Better Research
Facilitator:	Professor Victoria Simms
Length:	2 hours
Format:	Online
Domain:	C
Description: <p><i>“Published and true are not synonyms” (Nosek, Spies, & Motyl). We all want to engage in, and produce, excellent research- but at what cost? Over the past five years there has been widespread exposure of poor research practices, exemplified by the “the replication crisis” that has been identified in psychology, biology, chemistry, economics, and the list goes on. This has led to a massive global cultural shift towards open and transparent research practices. These practices help improve understanding of research methodologies, data analytics, data sharing and access to research publications. Moreover, they encourage meaningful collaborations and the general public’s trust in research evidence. In this seminar we will identify problematic research practices that may lead to biases in research findings and also explore open research solutions.</i></p>	
Facilitator: Professor Victoria Simms is Research Director in Psychology.	
Booking details:	PhD Manager – under ‘Events/Workshops’ <i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i>

Conducting Research with Vulnerable Participants

Title:	Conducting Research with Vulnerable Participants
Facilitator:	Dr Ben Harper
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>Research with ‘vulnerable’ participants: Exploring the impact of researching emotionally sensitive topics on participants and the researcher.</p> <p>This workshop will provide an overview of the challenges of ‘meaning-making’ when completing research with individuals who have experienced adversity. Participants will be encouraged to reflect on the skill-set required to complete ethical research with ‘hard to reach’ populations. Participants will be provided with a conceptual overview of models to understand distress raised during research practice. The workshop will conclude with strategies to contextualise and decrease the risk of distress during the research process.</p> <p>Learning Objectives:</p> <p>To develop an awareness of ‘seen’ and ‘unseen’ vulnerabilities when working with research participants.</p> <p>To consider the ethical dilemmas involved in research with ‘hard to reach’ populations.</p> <p>To explore warning signs of distress/anxiety and burn-out</p> <p>To apply aspects of Compassionate Mind Theory (CMT) to understand and contextualise the research process.</p> <p>To consider the role of supervision models and a ‘psychological’ contract to sustain the supervisor-supervisee and researcher–researched relationship.</p>	
Booking details:	Book on PhD Manager

Data Protection

Title:	Data Protection
Facilitator:	Online, self-directed learning on Blackboard
Length:	1-2 hours
Format:	Online
Domain:	C
<p>Description: In light of the introduction of the General Data Protection Regulation (GDPR) in May 2018 the University's online data protection training programme has been updated. The purpose of the training is to provide you with information on the Data Protection Act 2018 (the Act) and to appraise you of the concepts of the University's GDPR Policy (the Policy) which apply to your work at the University. A copy of the Policy is available online at: https://www.ulster.ac.uk/about/governance/compliance/gdpr</p> <p>The training also provides important details on your rights and responsibilities under the Act with regard to the processing of personal information. The training should take approximately 30 minutes to complete and you may have access to it as many times as you wish. We will update the content regularly to reflect any changes to the legislation. It is compulsory for all staff to participate in data protection training. Following the training, you will be asked to complete a short evaluation form which will provide feedback to help us improve the training provided. There is also a short quiz which will test your knowledge at the end of the training. The training can be accessed by clicking the following link: http://portal.ulster.ac.uk and selecting Blackboard.</p>	
Booking details:	The training can be accessed by clicking the following link: http://portal.ulster.ac.uk and selecting Blackboard.

Equality, Diversity and Inclusion

Title:	Equality, Diversity and Inclusion
Facilitator:	EDI Directorate
Length:	Various
Format:	Online
Domain:	C
<p>Description:</p> <p>One of Ulster University's key priorities in the People & Culture Strategy is Equality, Diversity and Inclusion (EDI). Our commitment to provide staff with relevant communication and guidance on EDI issues is included in our EDI Strategy, Equality Scheme and EO Policy. To this end, we offer a series of training and awareness sessions across the institution including:</p> <p>UNCONSCIOUS BIAS AWARENESS</p> <p>This session will look at our unintentional tendency to assign positive and negative attributes to people because of stereotyping, the cultural environment and personal experiences. This training will help participants identify unconscious bias and its potential impact on behaviour and decision making. It will also suggest ways of mitigating and challenging unconscious bias in the workplace.</p> <p>BISEXUAL AWARENESS</p> <p>This session will explore various key terms and definitions; dispel myths and provide Information and guidance on how to support bisexual people.</p> <p>NON-BINARY AWARENESS</p> <p>This training offers a nuanced exploration of non-binary identities and gender expression. Focusing specifically on experiences of non-binary individuals and how your service or practice can be more inclusive.</p> <p><i>Details of events are circulated throughout the year in the Weekly Updates and on Twitter (@UlsterUniPhD)</i></p>	
Facilitator: Facilitators will vary	
Booking details:	PhD Manager – under 'Events/Workshops'

Ethics and Research Governance: An Introduction

Title:	Ethics and Research Governance: An Introduction
Facilitator:	Dr Nick Curry and Elaine Bell
Length:	1.5 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>If you are carrying out research with human participants, including surveys, interviews and focus groups, and if you need to know how to navigate University and NHS ethics and governance systems, you should attend this session.</p> <p>We will provide you with details of what's required for different types of research, introduce you to processes and reassure you that it's not all as difficult as it seems. We will also provide an overview of the requirements of external regulations and how these might affect your work.</p>	
Facilitator: Dr Nick Curry and Elaine Bell	
Booking details:	PhD Manager – under 'Events/Workshops'

Ethics: Research Ethics Applications for Low-Risk RG1a Studies

Title:	Research Ethics Applications for Low-Risk RG1a Studies
Facilitator:	Dr Susann Power, Ulster University Business School
Length:	2 hours
Format:	Online / on campus
Domain:	C
<p>Description:</p> <p>This workshop is only relevant for PhD researchers who will submit ethics applications for low-risk studies (RG1a form)</p> <p>As a PhD Researcher at Ulster University, you will be required to submit an ethics application prior to beginning your data collection process. This is an institutional requirement. In this workshop, we will focus on so called 'low-risk' ethics PhD studies and follow the ethics application protocol. We will investigate best practice and common pitfalls in ethics applications of the 'low-risk' variety, begin drafting your ethics application and review all required documentation.</p> <p>NB Before signing up, please confirm with your PhD supervisors that your PhD research falls into the 'low-risk' category.</p>	
<p>Facilitator: Dr Susann Power is a Lecturer in Hospitality Management at the Department of Hospitality and Tourism Management at Ulster University Business School. Susann teaches mainly on the subject of sustainability and has been overseeing the embedment of sustainability into the curriculum. Her research interests lie in the field of sustainability in business and tourism, business and environmental ethics, entrepreneurship and pro-environmental behaviour change. She holds a PhD in Tourism from the University of Surrey, and MSc in Tourism, Environment and Development from King's College London. She is a Fellow of the Higher Education Academy. Susann is the current academic representative at the University's 'Environmental Sustainability Steering Group', a member of the 'Education for Sustainable Development Working Group' and the departmental Green Impact Champion. She also acts as the departmental lead for Global Engagement.</p>	
Booking details:	PhD Manager – under 'Events/Workshops'

Intellectual Property: What You Need to Know

Title:	Intellectual Property: What You Need to Know
Facilitator:	Dr Sinead Hunter
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>Researchers discover new insights into multiple areas of life and therefore generate new intellectual property (IP). It is therefore necessary for all researchers to have an awareness of IP and its related issues.</p> <p>This session will help you:</p> <ul style="list-style-type: none"> • Identify different types of Intellectual Property and understand the protection available for each IP Right. • Understand the value of IP Rights for both researchers and the University, and how that value can be extracted. • Gain familiarity with the University's IP Policies and Procedures, and who you can contact for advice. 	
Facilitator: Dr Sinead Hunter	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Preparing Impactful Research Proposals and Grant Applications

Title:	Preparing Impactful Research Proposals and Grant Applications
Facilitator:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	C
Description: <p>This session will consider the writing of effective research proposals and the best ways to create a compelling 'case for support'. Coverage will include the generation of a clear rationale, the statement of a defined and delimited set of research aims and questions, the proposal of a study (or series of studies) - as well as appropriate methods and analyses - that will clearly deliver on the stated research aims. Emphasis will be placed throughout on the overriding importance of articulating a relevant and impactful list of outcomes and contributions for the proposed research. The relationship of the basic research proposal or case for support with other sections/elements of a grant application, of the type usually demanded by major funders, will also be considered.</p>	
Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science . He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.	
Feedback:	<i>Today's session was relevant when it comes to my PhD but was also useful for my... related proposals and applications...I learnt a few extra tips today and look forward to putting them in practice</i>
Booking details:	Please use UEA booking system to book onto this course. https://bookwhen.com/ueaonlinetraining The booking system opens at 12pm three weeks before each scheduled session.

Preparing to Submit Your Thesis

Title:	Preparing to Submit Your Thesis
Facilitator:	Head of Doctoral College
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>This workshop is aimed at PhD Researchers who are approaching the final stages of their PhD (i.e. within 5-7 months of expected submission). This short and practical session will explain each of the steps involved around the submission process. It will cover the forms that need to be completed with timelines and explanations, and will also cover thesis format requirements, including digital copyright, metadata and embargo restrictions.</p> <p>In addition, the workshop will provide an overview of the final examination process from the oral examination and outcomes through to final submission requirements. This practical session will be led by the respective Head of Doctoral College in conjunction with library staff and will be no longer than 2 hours.</p>	
Facilitator: Heads of Doctoral College	
Booking details:	PhD Manager – under ‘Events/Workshops’

Project Planning (1) Establishing Foundations

Title:	Project Planning (1) Establishing Foundations
Facilitator:	Fistral Consultancy
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>Like houses, projects should not be built on sand, so as the first of a three-part series this webinar examines how to initially identify the building blocks for a successful project. It introduces the key concept of initiation, considers the constraints under which a project has to operate, and examines methods for prioritisation. It goes on to examine the influence that stakeholders can have on the direction the project could and should take, which also allows us to consider and better articulate the impact of the outputs.</p> <p>By the end of this 2 hour webinar participants will have:</p> <ul style="list-style-type: none"> • Learned the importance of formally initiating every project regardless of size • Been introduced to the fundamental and ubiquitous concept of the project triangle • Considered the influence that stakeholders can hold over the work and how this will affect the direction and outputs of the project 	
<p>Facilitator: Dr Fraser Robertson has been involved in large-scale projects for over 15 years. He has run project teams for organisations in such diverse locations as Zürich, New York, Shanghai, Johannesburg and Ljubljana. Fraser has used his project management experience to train and mentor in these cities as well as at HEIs in the UK and mainland Europe. Fraser is certified at PMP (Project Management Professional) level with the Project Management Institute, an accredited PRINCE2 practitioner and was elected a Chartered IT Professional in 2005. Fraser graduated with a Doctorate of Business Administration in 2015. The title of his research is "Participant perceptions of value: a qualitative framework for evaluating project management training".</p>	
Booking details:	PhD Manager – under ‘Events/Workshops

Project Planning (2) Scoping the Project

Title:	Project Planning (2) Scoping the Project
Facilitator:	Fistral Consultancy
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>Following on from “Part 1: Establishing Foundations”, this webinar builds on the previous topics to begin to craft the scope or the outputs of the project. It considers methods for: identifying and managing different expectations; establishing and articulating the rationale or purpose driving a project; and explores methods of defining critical success criteria upon which our work will be judged. Furthermore, it addresses the challenges of doing this within a research setting where frequently scope has to be flexible, changeable and the end point sometimes lacks clarity.</p> <p>By the end of this 2 hour webinar participants will have:</p> <ul style="list-style-type: none"> • Considered techniques for defining the scope of a project • Learned methods for identifying and managing differing project expectations • Been shown techniques to establish goals and deliverables to guide them through the project execution phase 	
<p>Facilitator: Dr Fraser Robertson has been involved in large-scale projects for over 15 years. He has run project teams for organisations in such diverse locations as Zürich, New York, Shanghai, Johannesburg and Ljubljana. Fraser has used his project management experience to train and mentor in these cities as well as at HEIs in the UK and mainland Europe. Fraser is certified at PMP (Project Management Professional) level with the Project Management Institute, an accredited PRINCE2 practitioner and was elected a Chartered IT Professional in 2005. Fraser graduated with a Doctorate of Business Administration in 2015. The title of his research is "Participant perceptions of value: a qualitative framework for evaluating project management training".</p>	
Booking details:	PhD Manager – under ‘Events/Workshops

Project Planning (3) Creating the Plan

Title:	Project Planning (3) Creating the Plan
Facilitator:	Fistral Consultancy
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>In the final session of this three-part series, this webinar looks at the process of creating a rigorous and robust project plan. Having defined the purpose, requirements and expectations in previous webinars, we now look at identifying the tasks required to complete the project, before considering sequencing and scheduling the activities. It examines methods of estimation in an uncertain environment before considering appropriate resource planning.</p> <p>By the end of this 2 hour webinar participants will have:</p> <ul style="list-style-type: none"> • Been introduced the work breakdown structure tool which is fundamental in the planning process • Considered methods that allow the introduction of uncertainty into task estimates • Been shown sequencing and resourcing techniques, and how to create a Gantt chart “properly” so it becomes a useful tool and not just a paper exercise! 	
<p>Facilitator: Dr Fraser Robertson has been involved in large-scale projects for over 15 years. He has run project teams for organisations in such diverse locations as Zürich, New York, Shanghai, Johannesburg and Ljubljana. Fraser has used his project management experience to train and mentor in these cities as well as at HEIs in the UK and mainland Europe. Fraser is certified at PMP (Project Management Professional) level with the Project Management Institute, an accredited PRINCE2 practitioner and was elected a Chartered IT Professional in 2005. Fraser graduated with a Doctorate of Business Administration in 2015. The title of his research is "Participant perceptions of value: a qualitative framework for evaluating project management training".</p>	
Booking details:	PhD Manager – under ‘Events/Workshops

Project Planning (4) Planning for Uncertainty

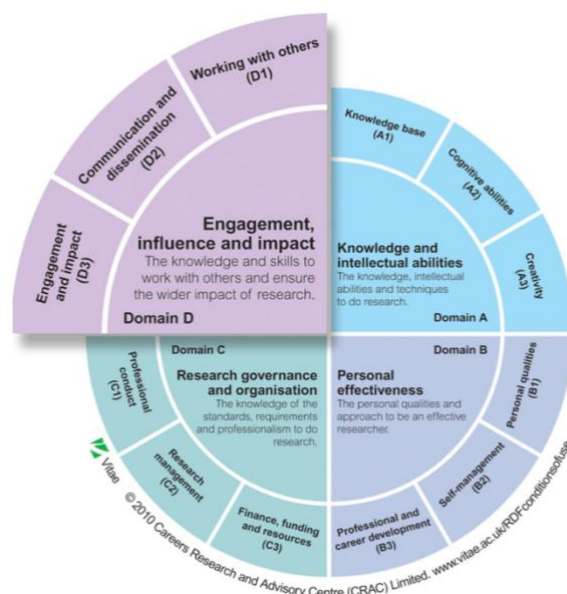
Title:	Project Planning (3) Planning for Uncertainty
Facilitator:	Fistral Consultancy
Length:	2 hours
Format:	Online
Domain:	C
<p>Description:</p> <p>This session applies learning from the Introduction to Project Planning webinars in the context of dealing with uncertainty in projects. Research is a special type of project, but a project nonetheless, with the constraints similar to many others: constrained time (funding period), limited budget (awarded grant) and scarce resources (often a very small team or even just an individual). The major difference between a research project and a “typical” project is the inherent uncertainty of the end point which can make research projects more difficult to plan. This uncertainty is called risk.</p> <p>This final webinar in the series considers this uncertainty by presenting tools and techniques to proactively identify and respond to risks during the planning process, rather than reactively during the project - when the focus should be on the work. It addresses methods to introduce contingency into the work-plan to cover for unanticipated events and discusses how to create a flexible plan that recognises and allows for uncertainty.</p> <p>By the end of this 2 hour webinar participants will have:</p> <ul style="list-style-type: none"> • learned various techniques for identifying sources of potential issues and risks in their projects • considered methods to deal with problems proactively and before they happen • been shown how to integrate these solutions into a usable project plan and calculate time contingency for unforeseen events 	
<p>Facilitator: Dr Fraser Robertson – see above description.</p>	
Booking details:	PhD Manager – under ‘Events/Workshops

Research Integrity

Title:	Research Integrity
Facilitator:	Ulster University – Mandatory online course
Length:	1 hour approx
Format:	Online
Domain:	C
<p>Description:</p> <p>This online course is <u>mandatory</u> and must be completed before your Initial Assessment within the first three months of your PhD.</p> <p>Integrity is an essential component of high quality, meaningful research. The principles of research integrity therefore apply to all researchers within all disciplines and from all universities. This course will provide you with guidance on conducting research with integrity.</p> <p>Learning outcomes:</p> <ul style="list-style-type: none"> • You will learn what your responsibilities are as a professional researcher. • You will learn how to avoid pitfalls associated with researcher misconduct. <p>Queries about the online Research Integrity course should be directed to researchintegrity@ulster.ac.uk</p>	
Booking details:	Accessing the Course - Please log on to your Blackboard area where the course will be available for you to complete.

ENGAGEMENT, INFLUENCE AND IMPACT (Domain D)

Academic Publishing*
Assessment, Feedback and Module Design*
Building Your LinkedIn Profile
Communicating Your Research to a Non-Research Audience
Feedback from PhD Supervisors: how to get feedback you can actually use
First Steps to Supporting Learning and Teaching in Higher Education (HEA-accredited award)
Impact Development Series
Infotopia: How to create Impactful Infographics
Introduction to Teaching and Learning in Higher Education (Postgraduate Teaching Assistant Training)
Networking: The Fundamentals of Effective Networking
Preparing and Delivering Lectures*
Preparing and Delivering Seminars*
Presentation Skills: Building a Presentation
Presentation Skills: Delivery Skills
Presentation Skills: Slides and Powerpoint
Producing an Effective Poster
Public Engagement: A guide
PURE for PhD Researchers
Social Media for Academia
Strategies for Getting Published and Editor's Advice
Three Minute Thesis (3MT®) Competition



Academic Publishing

Title:	Academic Publishing
Facilitators:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>This session will introduce and discuss the practicalities of academic journal publishing. Various means for choosing a target journal will be considered, as will the mechanics of writing an effective paper (including a summary of the aims of each section of an academic report). Strategies for dealing with reviewer comments will also be considered at some length and opportunity will be provided to look at the response-to-reviewer letters of experienced academics. Time will also be made available for questions.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>Please use UEA booking system to book onto this course.</p> <p>https://bookwhen.com/ueaonlinetraining</p> <p>The booking system opens at 12pm three weeks before each scheduled session.</p>

Assessment, Feedback and Module Design

Title:	Assessment, Feedback and Module Design
Facilitators:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>Typically, when a PGR student takes on the role of 'teacher', they are also asked to assess, mark, and provide feedback to students, often with comparatively little guidance or preparation. This session is designed to provide that guidance. It will first consider the act of marking and the writing and delivery of feedback, along with consideration of how best to discuss and justify comments made and marks awarded. It will then move on to the more advanced issue of setting assessments – the different types and what each can/might achieve – before concluding with a discussion of the basics of module design, how to go about it, and what is generally required to design a strong module that is both interesting and intellectually challenging for the students.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	<p><i>This module really enhances the sessions on seminars and lectures. What was worrying me about assessment and feedback was how I would do it effectively, but I now realise I need to look at it from the perspective of how to contribute to the quality of the student's learning and plan from there. So many great points to help with creating a good learning process, providing feedback effectively and in an enhancing manner, as well as how to look at design and consider outcomes</i></p>
Booking details:	<p>Please use UEA booking system to book onto this course. https://bookwhen.com/ueaonlinetraining The booking system opens at 12pm three weeks before each scheduled session.</p>

Building Your LinkedIn Profile

Title:	Building Your LinkedIn Profile
Facilitators:	Employability and Careers Advisors
Length:	2 hours
Format:	Online
Domain:	D
Description: <p>Your network is the most important tool for finding and securing new opportunities. LinkedIn is the platform that allows you to build and expand your network and the best bit is, it's in a format you recognise and are used to navigating. Getting added value from having a LinkedIn profile is not that straightforward and this workshop will focus on how you can have a LinkedIn profile that makes an impact for you</p>	
Facilitators:	Employability and Careers Advisors
Booking details:	PhD Manager – under 'Events/Workshops'

Communicating Your Research to a Non-Research Audience

Title:	Communicating Your Research to a Non-Research Audience
Facilitators:	Camilla Long and Sarah Travers, Bespoke Communications
Length:	3 hours
Format:	Online / con campus
Domain:	D
<p>Description:</p> <p>There are times in your research career when it's important to communicate your research to a non-academic audience. Imagine that you're building public engagement for your Research Institute for example, or that you need to recruit participants for a study. Or maybe you're planning on a career in industry after your PhD. Whatever the reason for presenting to a non-research audience, you'll need to make sure that you present in a way that's relatable and understandable. Attend this fun, interactive workshop to find out how to develop skills that will help you to polish your presentation, so that you get it right first time and every time you stand up to speak.</p> <p>What will you learn?</p> <ul style="list-style-type: none"> • Speaker impact. Learn body language secrets to build rapport with your audiences. • Tried and tested structures. Learn approaches to structuring, so that you'll always deliver a great presentation no matter how little time you have to prepare. • Visuals and props. Find ways of enhancing your words. • Harness the power of storytelling. • Grow your confidence. You'll learn how to overcome the nerves and develop a public speaking style that suits you and brings your audience with you. 	
<p>Facilitators: Sarah Travers is co-founder and director of Bespoke Communications, a leading training and professional development company serving the UK and Ireland. Sarah is a former BBC news journalist and TV presenter, with a keen interest in stories and the people that shape them. Sarah is a familiar face to many in Northern Ireland, where she was news anchor in the BBC newsroom for 17 years, covering high profile stories throughout the Northern Ireland peace process, and key events like the London 2012 Paralympics and</p>	

BBC Children in Need. Sarah has also presented lifestyle programming for UTV and is in demand as an event and conference MC and podcast host.

Camilla Long is the award-winning co-founder of Bespoke Communications, a leading training and professional development company serving the UK and Ireland. As a coach and mentor, Camilla helps executives and experts to communicate their ideas to build trust and influence. Her core belief is that everyone can feel fulfilled at work by knowing who they are, so that they show up authentically and powerfully. Camilla is a Professional Member of the Professional Speaking Association, and a recipient of the PSA Emerging Speaker of 2021 Award. She is also a Member of the Chartered Management Institute, a Board Member of the Causeway Chamber of Commerce, a mentor with Women in Business and a Samaritans Listening Volunteer. Camilla holds a BSc in Computer Science and an MSc in Strategic Management.

Booking details:

PhD Manager – under ‘Events/Workshops’

Feedback from Supervisors

Title:	Feedback from Supervisors: How to get the feedback you can actually use
Facilitators:	Dr Paul Joseph-Richard, Ulster University Business School
Length:	2 hours
Format:	On campus
Domain:	D
<p>Description:</p> <p>Feedback is a key element of learning and development for both the supervisor and the doctoral researcher. In a doctoral programme, giving and receiving feedback, as well as dealing with the emotional aspects of feedback, is crucial for developing doctoral researcher's identity and scholarship. However, the literature (Stracke and Kumar, 2020; Inouye and McAlpine, 2017) indicates that supervisors and candidates often have different feedback expectations and this variation triggers tensions in the relationship. As a result, it may feel as though students are not getting the support they need. This can be frustrating for doctoral researchers and supervisors alike and can lead to a negative doctoral experience. It is critical, therefore, to have a tool that facilitates dialogue on feedback between supervisors and doctoral researchers so that they might understand each other's expectations, negotiate, and work together in ways that most benefit both. We will discuss how, as students, you can be pro-active in the supervision process to ensure you receive the feedback, that is meaningful and useful. During this interactive workshop participants will:</p> <ul style="list-style-type: none"> • Consider 13 dimensions of feedback practices and identify potential areas of conflict or misunderstanding in a supervisory space • Explore ways of dealing with tension and promoting understanding • Discuss how to use their own initiative to ensure that they are getting the type of feedback they require • Receive practical advice on how to get the most out of supervisory feedback • Take home a research-based tool – a conversation starter. 	
<p>Facilitator: Dr Paul Joseph-Richard is a Lecturer in Human Resource Management at the Ulster University Business School, Ulster University, Northern Ireland. He teaches Human Resource Management and Research Methods modules in a range of Undergraduate, Postgraduate and Executive Learners' programmes. His research seeks to extend our understanding of leadership development, programme evaluation, research-informed teaching, qualitative research methods, learning analytics and doctoral students' wellbeing. He is a Certified Business and Management Educator (CBME) and a Senior Fellow of Higher Education Academy (SFHEA).</p>	
Booking details:	PhD Manager – under 'Events/Workshops'

First Steps to Supporting Learning and Teaching in Higher Education

Title:	First Steps to Supporting Learning and Teaching in Higher Education (HEA-accredited award)
Facilitators:	CHERP
Length:	Multiple sessions
Format:	Online / on campus
Domain:	D
<p>Description:</p> <p>Certificated opportunities to gain HEA Associate Fellowship (AFHEA) are available to all PGTAs with sufficient teaching related duties (25 hours teaching/learning support with Ulster students) via First Steps to Learning and Teaching in HE (FST), a 20 credit Level 7 module on the PG CPD Framework.</p> <p>Participants must have completed the mandatory Introduction to Learning & Teaching at Ulster for Postgraduate Teaching Assistants workshop prior to embarking on FST.</p> <p>In accordance with the PGTA Code of Practice (2018) this module is mandatory for any PGTAs who carry out assessment duties, and available as an optional development opportunity to other PgTAs.</p> <p>The module adopts a flipped online approach across the academic year (October-May) and is available to PhD Researchers who are in at least the second semester of their first year of studies.</p> <p>Full module and application details can be found at https://www.ulster.ac.uk/cherp/learning/fst</p>	
Booking details:	Full module and application details can be found at https://www.ulster.ac.uk/cherp/learning/fst

Impact Development Series

The Impact Development Series is Ulster University's support programme designed to help academic researchers understand impact, enhance the impact of their research, track and evidence it, and generate new pathways to impact.

It is never too early to start to think about impact as you begin your academic career. As impact continues to increase in importance across the wider academic research environment for funders, researchers and universities alike, we go back to basics and ask: what is impact, why might it be important for the PhD researcher and how might you plan for impact?

A Programme of events in the Impact Development Series is managed by colleagues in Research and Impact department. Updates will be sent to PhD Researchers via the Weekly Update each Wednesday.

Infotopia: How to create impactful infographics

Title:	Infotopia: How to create impactful infographics
Facilitators:	Laura Evans, Nifty Fox Creative
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>Sick of wordy research posters? Had enough of death by powerpoint? Ready to create infographics of your DREAMS?!</p> <p>Then 'Infotopia: How to create impactful infographics' is for you! In this two hour session, Laura Evans – ex social researcher and visual storyteller from Nifty Fox Creative – will walk you through a step by step process to create infographics that engage audiences from start to finish.</p> <p>You'll learn how to understand your audience, distil your research into key messages that resonate, and design a visually compelling infographic using free, online software.</p> <p>Get ready to become infographic ninjas!</p>	
<p>Facilitator: Laura Evans is a <i>Pencil wielding ex-researcher and award-winning visual storyteller on a mission to make knowledge more accessible through pictures.</i></p> <p>See https://www.niftyfoxcreative.com/</p>	
Booking details:	PhD Manager – under 'Events/Workshops'

Introduction to Teaching and Learning in Higher Education

Ulster University Initial Professional Learning Requirements for those involved in the education of Ulster Students

Endorsed by Learning and Teaching Committee (February 2021)

The following table outlines the requirements for those looking to undertake PgTA duties, in accordance with the [PgTA Code of Practice](#) (Approved by Senate, 2019)

<p>All Ulster postgraduate researchers applying for hourly paid teaching posts at Ulster, are required to complete an appropriate professional learning programme and demonstrate they have attended this before being appointed as a PGTA.</p>	<p>Introduction to Learning & Teaching at Ulster for Postgraduate Teaching Assistants (PgTAs)</p> <p>This session is compulsory for all PhD researchers who intend to teach /support students as a PgTA, and should be completed before undertaking PgTA duties.</p> <p>Once they have completed this workshop they can teach/demonstrate/support student learning, but cannot mark summative student work.</p> <p>Each Introductory session is based on a flipped approach:</p> <ul style="list-style-type: none">• pre-session materials provided to participants a week in advance of the synchronous session (approx. 1-1.5 hours)• online synchronous session (2.5 hours) <p>Dates for forthcoming workshops can be found at https://www.ulster.ac.uk/cherp/learning/introduction-to-teaching-and-learning</p> <p>All PhD Researchers can avail of this workshop regardless of the year of their studies.</p> <p>Registration for the workshop is via PhD Manager</p>
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Killer Presentations

Title:	Killer Presentations
Facilitators:	Professor Tom Maguire
Length:	2 hours (may vary)
Format:	On campus
Domain:	D
<p>Description:</p> <p>Presentations are a key part of academia and many other contexts. So, being able to make an effective presentation is a skill that will serve you now and in the long-term. This session will help build your skills and confidence in making presentations that are effective wherever and whenever you have to pitch your ideas to other people. This will be an interactive session with additional resources provided to support you. The session will cover:</p> <ul style="list-style-type: none"> • Knowing your purpose • Selecting your content • Deploying your media • Delivering in Person 	
<p>Facilitator: Tom Maguire is Professor of Contemporary Drama and Performance and Head of the School of Arts and Humanities. He is a Senior Fellow of the Higher Education Academy and a Distinguished Teaching Fellow at Ulster University. He has extensive experience of supervising and examining doctoral research projects. With 30 years experience of organising and presenting at conferences and events, locally, nationally and internationally, he has a range of skills, knowledge and insight to support your development as a presenter.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Making Conferences Work for You

Title:	Making Conferences Work for You
Facilitators:	Professor Tom Maguire
Length:	2 hours (may vary)
Format:	On campus
Domain:	D
<p>Description:</p> <p>Conferences are a key part of academia and many other contexts. As a doctoral researcher a conference is where you will get a chance to try out your ideas, network with a range of people in your field, and engage with current debates and hot topics. Some conferences may also be a place where you will meet with prospective employers. This will be an interactive session with additional resources provided to support you. This session will support you in making the most of the conference experience. The session will cover:</p> <ul style="list-style-type: none"> • Intentional preparation • Presenting yourself • Your elevator pitch • Conference tactics • How to follow-up a conference 	
<p>Facilitator: Tom Maguire is Professor of Contemporary Drama and Performance and Head of the School of Arts and Humanities. He is a Senior Fellow of the Higher Education Academy and a Distinguished Teaching Fellow at Ulster University. He has extensive experience of supervising and examining doctoral research projects. With 30 years experience of organising and presenting at conferences and events, locally, nationally and internationally, he has a range of skills, knowledge and insight to support your development as a presenter.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Networking: The Fundamentals of Effective Networking

Title:	Networking: The Fundamentals of Effective Networking
Facilitators:	Jenni Smith, NetKno Consultancy
Length:	2 hours (may vary)
Format:	Online and on campus
Domain:	D
<p>Description:</p> <p>The session has been designed to highlight the power of effective networking, knowledge transfer, and relationship management. It is full of practical advice, tools and techniques you can start applying to your current networks immediately. It also includes content to help re-build confidence and social skills as we return of in-person networking opportunities. The session will cover:</p> <p>Network Diversity - Building a diverse network for knowledge and innovation</p> <p>Room Reading - How to get into conversations</p> <p>Small Talk & Etiquette - How to get out of conversations and navigate the dreaded small talk</p> <p>Connection Marketing - Building your personal brand by being nice!</p> <p>Relationship Management - Practical steps to get the most from networking events, as well as nurture relationships in your network</p>	
<p>Facilitators: During her career Jeni has won several awards in enterprise including being named within the 'Future 100 Young Entrepreneurs' in the UK, 'Growth Accelerator Programme' winner, and finalist in the Great British Entrepreneur Awards 2021. Between 2017-19 she conducted two rounds of academic research with Durham University, exploring her unique strategic business networking model. The research results spurred her on to launch NetKnow and are what we now use to develop bespoke networking strategies for consultancy clients and NetKno-Who subscribers.</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Networking: The Art of Schmoozing – building an academic network

Title:	The Art of Schmoozing – building an academic network
Facilitators:	Professor Tom Maguire
Length:	2 hours (may vary)
Format:	On campus
Domain:	D
<p>Description:</p> <p>There are few professionals who have been successful without being supported by a network and academics are no exception to this. An effective network can provide you with mentors, allies and champions. It may help you learn about opportunities, job prospects or allow you to find out about a prospective employer. Some people appear to find it easy to network, but it is a skill that can be learnt and developed by everyone. This session will introduce you to some key behaviours that you will be able to take away and apply straight away. This will be an interactive session with additional resources provided to support you. The session will cover:</p> <ul style="list-style-type: none"> • Developing your professional identity • Passive networking online and in-person • Active networking online and in-person • Active service 	
<p>Facilitator: Tom Maguire is Professor of Contemporary Drama and Performance and Head of the School of Arts and Humanities. He is a Senior Fellow of the Higher Education Academy and a Distinguished Teaching Fellow at Ulster University. He has extensive experience of supervising and examining doctoral research projects. With 30 years experience of organising and presenting at conferences and events, locally, nationally and internationally, he has a range of skills, knowledge and insight to support your development as a presenter.</p>	
<p>Booking: PhD Manager – under ‘Events/Workshops’ <i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>	

Preparing and Delivering Lectures

Title:	Preparing and Delivering Lectures
Facilitators:	Dr Simon Watts
Length:	2 hours
Format:	Online
Domain:	D
<p>Description: It has become commonplace for the lecture to be derided as an outmoded and inefficient vehicle for teaching/delivering information. More often than not, however, it is the lecturer, rather than the lecture, that is the cause of the problem. Lectures require careful preparation and a premium is placed on effective and dynamic delivery. This session will consider the main functions of a lecture and what makes a lecture excellent, before providing a step-by-step guide to preparation and delivery, including slide preparation and style, the commentary style and its relationship to the slides, and preparing the lecture theatre to maximise your impact.</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Preparing and Delivering Seminars

Title:	Preparing and Delivering Seminars
Facilitators:	Dr Simon Watts, University of East Anglia
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>Seminars are often the first thing a PGR student is asked to teach, yet they are not the ‘easy teaching’ that many in higher education seem to want them to be. This session will respond by providing coverage relative to both the preparation and delivery of excellent seminars. This will include the importance of being better prepared and more knowledgeable than the students (whatever the topic), laying out the ground rules for interaction, stressing the importance of engagement and discussion, appreciating the intellectual, social, and affective needs of the students, rendering the discussion concrete, and strategies for integrating student responses. Some generic example exercises/activities for use in seminars will also be provided and discussed. Teaching seminars is difficult and this session is designed to help!</p>	
<p>Facilitator: Simon Watts is PGR Training Coordinator and Deputy Head of the Graduate School in the Faculty of Social Science. He was previously a Senior Lecturer in Psychology at Nottingham Trent University and has also held full-time posts in Psychology at the University of Northampton and University College London.</p>	
Feedback:	Thank you, I've struggled with some students' engagement in seminars and there's been loads of useful advice and tasks here that I can take with me to future sessions
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Presentation Skills: Building a Presentation

Title:	Presentation Skills: Building a Presentation
Facilitators:	Duncan Yellowlees, DY Training
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>70% of doing a presentation happens before you get anywhere near a stage... and if you get it wrong, you'll definitely regret it!</p> <p>Participants will:</p> <ul style="list-style-type: none"> • Learn the 3 core concepts to good presenting • Be able to pitch to different audiences • Use a presentation design canvas to build a talk • Find the value in preparation and practice • Make use of a building blocks strategy to take the stress out of making presentations 	
<p>Facilitator: Duncan Yellowlees, DY Training</p> <p>DY Training specialists in providing support and training which enhance speaking skills, presentation knowledge and confidence. We focus on helping you create emotionally engaging presentations which will resonate with your audience and get your messages across.</p> <p>Whether it's a conference, keynote, or reporting meeting, we can give you the confidence to bring your best. Creating messages that will connect with your audience and presentations that set you apart.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Presentation Skills: Delivery Skills

Title:	Presentation Skills: Delivery Skills
Facilitators:	Duncan Yellowlees, DY Training
Length:	2 hours
Format:	Online
Domain:	D
<p>Description: How you present is as important, if not more, than what you say... this session will help you get it right and show the audience exactly what you need to get your message across.</p> <ul style="list-style-type: none"> • Body language • Vocal use • Emotional projection and actioning • Techniques for dealing with nerves • A story about a drippy pipe 	
<p>Facilitator: Duncan Yellowlees, DY Training</p> <p>We are specialists in providing support and training which enhance speaking skills, presentation knowledge and confidence. We focus on helping you create emotionally engaging presentations which will resonate with your audience and get your messages across. Whether it's a conference, keynote, or reporting meeting, we can give you the confidence to bring your best. Creating messages that will connect with your audience and presentations that set you apart.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Presentation Skills: Slides and Powerpoint

Title:	Presentation Skills: Slides and Powerpoint
Facilitators:	Duncan Yellowlees
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>We've all sat through awful presentations where the slides were terrible... but do you know why they were rubbish? Or how to make your own better? This session covers:</p> <ul style="list-style-type: none"> • Why bad slides are bad • How to choose images • How to focus attention where you want it • How to make graphs not rubbish • How to think about data • Florence Nightingale 	
<p>Facilitator: Duncan Yellowlees, DY Training</p> <p>We are specialists in providing support and training which enhance speaking skills, presentation knowledge and confidence. We focus on helping you create emotionally engaging presentations which will resonate with your audience and get your messages across.</p> <p>Whether it's a conference, keynote, or reporting meeting, we can give you the confidence to bring your best. Creating messages that will connect with your audience and presentations that set you apart.</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Producing an Effective Poster

Title:	Producing an Effective Poster
Facilitators:	Dr Abbie Cahoon, School of Psychology, Ulster University
Length:	2 hours
Format:	Online
Domain:	D
<p>Description:</p> <p>Poster presentations are a fantastic way to communicate your work and get feedback for future plans. Creating effective academic posters is a real skill, so in this session we will focus on how to communicate your research effectively through this (brief!) medium! This two hour workshop will involve practical activities, critiquing example posters and lots of useful tips! By the end of the session you will: understand the purpose of an academic poster, have knowledge of what ingredients make a great poster and have improved your communication skills!</p>	
<p>Facilitator: Abbie Cahoon is a developmental and cognitive psychologist with a particular specialism in early mathematical development and mathematical cognition. Abbie has worked on projects which focus on global early child development in Mexico, Cuba and the UK, funded by the British Academy and the Global Challenges Research Fund. Abbie's research focuses on investigating the impact of the home learning environment on early mathematical development through various mixed-method analyses</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

Public Engagement: A Guide

Title:	Public Engagement: A Guide
Facilitators:	Professor Victoria Simms, School of Psychology, Ulster University
Length:	2 hours
Format:	Online / on campus
Domain:	D
<p>Description:</p> <p>In this workshop we will explore the “why” and “how” of public engagement. Why should we share our research with diverse audiences? What are the key ingredients of good public engagement? How can we develop exciting and engaging ways to communicate our research?</p>	
<p>Facilitator: Professor Victoria Simms is a Reader in Developmental Psychology and the Director of Research for the School of Psychology at Ulster University. Victoria is an expert in cognitive development, specifically mathematical cognition. Victoria is a passionate advocate for public engagement and has a wide range of experience communicating research to diverse audiences.</p>	
Booking details:	<p>PhD Manager – under ‘Events/Workshops’</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from ‘researcherdevelopment@ulster.ac.uk’ email address.</i></p>

PURE: An Introduction

Title:	PURE: An Introduction
Facilitators:	Research and Innovation colleagues
Length:	1 hour
Format:	Online / on campus
Domain:	D
<p>Description: It is vitally important for PhD Researchers to have an online profile that is accessible to academic staff and PhD Researchers within the University – but it is also important to build an external profile that is publicly accessible – helping you to build networks and make your research activities more visible. PURE makes this a straightforward process.</p> <p>PURE is an abbreviation of ‘Publication and Research’ and is a single source location for all research management information for the University. PURE provides functionality for academics, research staff and PhD Researchers to manage their individual research profile by recording research outcomes, such as:</p> <ul style="list-style-type: none"> • Research Outputs/Publications • Activities • Projects/Awards • Datasets • Impacts <p>PURE has a number of additional functions that are specifically relevant to PhD Researchers, including a CV Builder (both a public and private version) and a place to record any Memberships or Prizes received. PURE is designed to maintain an ongoing historical record of research activity at Ulster University. This means that data about PhD Researchers and their research outputs, projects and activities will be retained in PURE after they have left the University.</p> <p>All PhD Researchers should automatically have PURE accounts set up for them. Additional PURE accounts may be requested by emailing pure-support@ulster.ac.uk.</p>	
Booking details:	Training: See PURE support website .

Social Media for Academics

Title:	Social Media for Academics
Facilitators:	Dr Conor Heffernan
Length:	2 hours
Format:	Online / on campus
Domain:	D
<p>Description:</p> <p>This workshop is suitable for researchers at any stage of their PhD, and especially suited to those in the faculties of Arts, Humanities and Social Sciences and Life and Health Sciences.</p> <p>It will cover:</p> <ul style="list-style-type: none"> • How to use Twitter and LinkedIn to network, share papers and learn about awards. • Should blogging & vlogging be part of your PhD? • How, when and why should I write for the public? 	
<p>Facilitator: Conor is a Lecturer in the Sociology of Sport at Ulster University. He was previously Assistant Professor of Instruction at the University of Texas at Austin. Prior to this, he attained his Ph.D. at University College Dublin under the supervision of Dr. Paul Rouse on 'Physical Culture in Ireland from 1893 to 1939. Conor holds an undergraduate degree in History and Political Science from Trinity College Dublin and an MPhil in History Studies from Cambridge University.</p>	
Booking details:	<p>PhD Manager – under 'Events/Workshops'</p> <p><i>All workshops are listed chronologically in PhD Manager. If the workshop you are looking for is not listed, it may not be scheduled as yet. You can keep up to date with new additions by checking your Weekly Update email every Wednesday from 'researcherdevelopment@ulster.ac.uk' email address.</i></p>

Strategies for Getting Published and Editor's Advice

Title:	Strategies for Getting Published and Editor's Advice
Facilitators:	Professor Marie Murphy
Length:	2 hours
Format:	Online / on campus
Domain:	D
<p>Description:</p> <p>This session deals with the challenges associated with establishing yourself as an author, including making choices about when and where to publish, how to position yourself so that you have opportunities to publish and how to navigate the article submission process.</p> <p>You will learn about the role of open access publication, peer review, the COPE principles for ethical publishing, challenges that PhD researchers face when starting to publish and insight into the editor's role as an expert in research publication. By the end of the session participants will understand the publication process from an editor's perspective and be able to develop an action plan for publishing during and immediately following their PhD.</p>	
<p>Facilitator: Marie is Professor of Exercise and Health and Dean of Postgraduate Research / Director of the Doctoral College. She graduated from Ulster with a BA Hons Sport & Leisure and PGCE in Physical Education and was awarded an MSc in Sports Science and a PhD in Exercise Physiology from Loughborough University. Marie has been at Ulster since 1992 serving as Head of the School of Sport and co-director of the Ulster Sports Academy from 2006-20014. Marie is a fellow of the American College of Sports Medicine (ACSM), the British Association of Sport & Exercise Sciences (BASES) and the Higher Education Academy is a member of the WHO Europe Health Enhancing Physical Activity Steering Committee (HEPA Europe) and former member of the Board of the International Society of Physical Activity and Health (ISPAH). She was a member of sub-panel 26 Sport and Exercise Sciences, Leisure and Tourism for the Research Excellence Framework 2014 and is Chair of the sub-panel for REF2021</p>	
Booking details:	PhD Manager – under 'Events/Workshops'



CONTACT DETAILS

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Full details of the Researcher Development Programme are on the website:

www.ulster.ac.uk/rdp

For other Doctoral College matters, please visit www.ulster.ac.uk/doctorscollege or contact one of our team: <https://www.ulster.ac.uk/doctorscollege/contact>