



# Student Psychological Intervention Trial

**Been feeling low? Stressed?  
On edge? Less motivated?**

**Researchers are recruiting UU and LYIT students to test the effectiveness of a new online emotional wellbeing treatment**

**Participants receive a smart watch for taking part!**

## Contact

If you wish to take part, please scan the QR codes on this flyer to access the participant information sheet, which can be found on our website, and the online consent form.

If you would like further information, please get in touch with Dr. Margaret McLafferty or Natasha Brown:

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Information Sheet



Consent Form

