

Maximising Sexual Wellbeing | Prostate Cancer

McCaughan E [Chief Investigator], O'Connor SR, Flannagan C, Wittmann D, Jain S, Thompson S, Maguire R, Connaghan J, Ellis S, Steele M, Kirby M, Davidson G, Bathie G, Nabi G

**'Talking about sex after prostate cancer':
e-learning resource for healthcare professionals (HP)**

talkingaboutsex-prostatecancer.org

Engagement, Assessment, Support and Sign-posting resource [EASSi]

eassiclinic.lifeguidewebsites.org

Online self-management resource for people living with prostate cancer

prostate.lifeguidewebsites.org

What is it?

e-learning resource:

- Increases awareness of **sexual care needs** and HP role
- Promotes **routine** sexual care engagement
- Provides language, structure and content to guide conversations around sexual wellbeing and prostate cancer
- Introduces EASSi framework [Resource 2]
- Takes 60-minutes to complete and can be used as information resource

Who is it for?

- HP's who provide routine support for men and their partners living with prostate cancer. For example, nurses, doctors, allied health professionals.



What is it?

Tablet-based programme delivered in clinical area:

- Facilitates routine sexual care discussions with all men (and partners) who are living prostate cancer
- Designed to normalise sexual issues
- Provides brief, personalised information and support based on treatment and relationship status
- Sign-posts to appropriate resources (e.g. Online self-management support programme [Resource 3], ED clinics, Prostate Cancer UK)

Who is it for?

- HP's who provide routine support for men and their partners living with prostate cancer
- For use in clinical setting (primary and secondary)



What is it?

Online programme:

- Provides personalised self-management strategies (based on treatment, relationship status, sexual orientation) to help improve sexual wellbeing after prostate cancer
- Includes support for partners/single/young/black men and those receiving palliative care
- Includes videos from men, partners & HP's
- Can be accessed pre-treatment, post-treatment and beyond
- Can also be used as an information resource

Who is it for?

- For men (and partners) who are seeking support and education regarding sexual wellbeing following treatment for prostate cancer. The online resource will be undertaken in the person's home.

