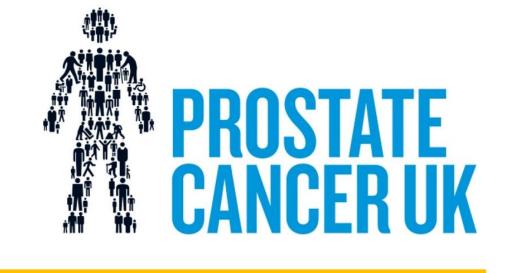
# Maximising Sexual Wellbeing | Prostate Cancer







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'Talking about sex after prostate cancer':

e-learning resource for healthcare professionals (HP)

Engagement, Assessment, Support and Sign-posting resource [EASSi]

Online self-management resource for people living with prostate cancer

talkingaboutsex-prostatecancer.org

# eassiclinic.lifeguidewebsites.org

# prostate.lifeguidewebsites.org

### What is it?

e-learning resource:

- Increases awareness of **sexual care needs** and HP role
- Provides language, structure and content to guide conversations
- Introduces EASSi framework [Resource 2]
- Takes 60-minutes to complete and can be used as information

### What is it?

Tablet-based programme delivered in clinical area:

- Facilitates routine sexual care discussions with all men (and partners) who are living prostate cancer
- Designed to normalise sexual issues
- Provides brief, personalised information and support based on treatment and relationship status
- Sign-posts to appropriate resources (e.g. Online selfmanagement support programme [Resource 3], ED clinics, Prostate Cancer UK)

- Promotes routine sexual care engagement
- around sexual wellbeing and prostate cancer
- resource

## Who is it for?

- HP's who provide routine support for men and their partners living with prostate cancer
- For use in clinical setting (primary and secondary)

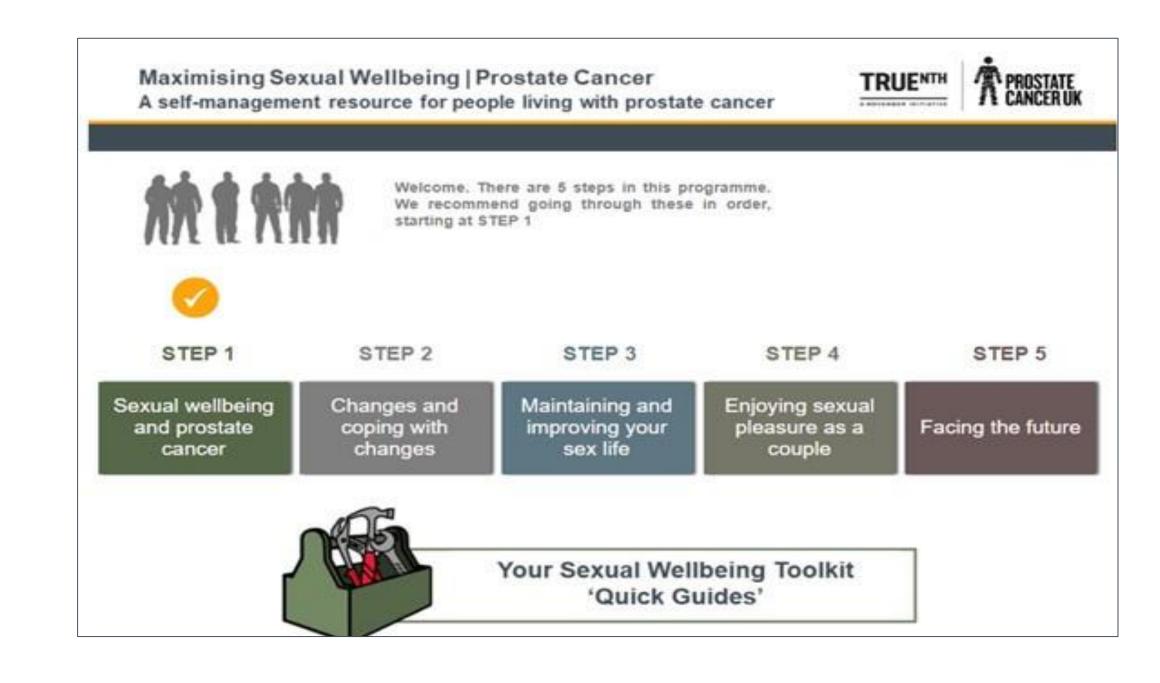
### What is it?

Online programme:

- Provides personalised self-management strategies (based on treatment, relationship status, sexual orientation) to help improve sexual wellbeing after prostate cancer
- Includes support for partners/single/young/black men and those receiving palliative care
- Includes videos from men, partners & HP's
- Can be accessed pre-treatment, post-treatment and beyond
- Can also be used as an information resource

### Who is it for?

For men (and partners) who are seeking support and education regarding sexual wellbeing following treatment for prostate cancer. The online resource will be undertaken in the person's home.



### Who is it for?

 HP's who provide routine support for men and their partners living with prostate cancer. For example, nurses, doctors, allied health professionals.

