Ulster University

Young People and Mental Health in a Changing World

A Cross Border Conference

15th Annual Mental Health Conference

Saturday 27 October 2018

Ulster University, Institute of Nursing and Health Research, School of Nursing, Magee campus, Northland Road, Derry-Londonderry, BT487JL

A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body

CAWT cooperation and working together

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innovation recovery

08.30 Registration and Coffee

09.05 **Opening Address:**
Mark H Durkan, MLA Foyle, Spokesperson for Health SDLP.

09.25 Keynote 1

Dr Bobby Smyth, Consultant Child & Adolescent Psychiatrist At Adolescent Addictions Service HSE. Clinical Senior Lecturer in Addictions (Public Health & Primary Care) Trinity College Dublin.
'Adolescent Substance Use & Mental Health'.

10.05 Keynote 2

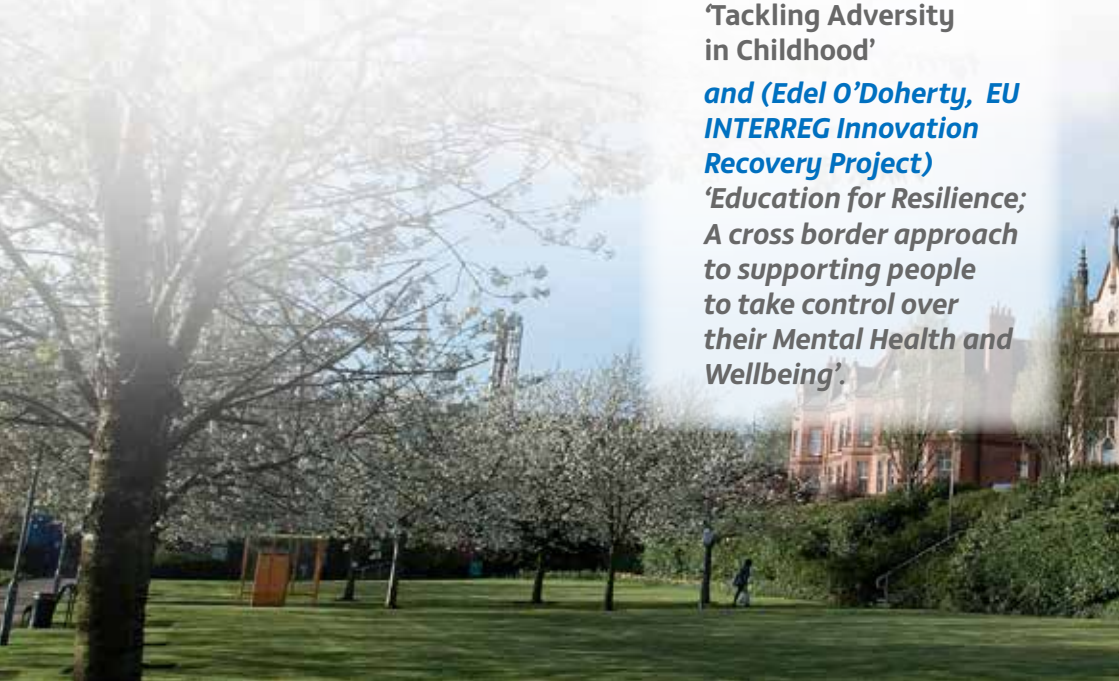
Bronagh Starrs, BA Dip Psychotherapy MIAHIP, Founder & Director of Blackfort Adolescent Gestalt Institute
'Anxiety, School Refusal, Depression and Self-Harm in Adolescence'.

11.05 Tea & Coffee Conference Exhibition and Poster Viewing

11.35 Keynote 3

Kieran Downey, Director of Women's & Children's Services & Executive Director of Social Work WHSCT
'Tackling Adversity in Childhood'

and (Edel O'Doherty, EU INTERREG Innovation Recovery Project)
'Education for Resilience; A cross border approach to supporting people to take control over their Mental Health and Wellbeing'.



12.15
13.00

Platform Session One

Billie Hughes, Childrens' Services Manager & Lead Nurse – CAMHS Belfast and South Eastern Trust
'Emotional health and wellbeing in teens related to gender identity'

13.00 Lunch & Poster Viewing & Exhibitions

14.00 Keynote 4

Noella Mc Connellogue Zest 'Young People and Emotional Well-being'

14.45
15.30

Platform Session Two

Sharon Ferguson, Mental Health Service Reform with service User Experts
'No wrong Door'

15.30 Refreshments & Exhibition Viewing

15.45 Keynote 5

Fergus Cumiskey, CEO Contact NI
'Understanding Suicide Prevention: the unifying human rights quest of our times'.

16.45 Conference Close

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09.00 to 4.45pm
Registration opens at 08.00hrs

Fees:
£80.00 Full Day Rate
£40.00 Student Discounted Rate

There are a limited number of concessionary places available by arrangement directly with conference organisers for registered charities and service users. The above fees include lunch, refreshments and conference documentation. For further information on this event, please contact:

Ms Marie O'Neill, Conference Manager,
Ulster University, Institute of Nursing and Health Research,
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Derry~Londonderry, BT48 7JL

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