



## The UK's first rugby specific play programme for young children

Rugbytots® is a weekly play session for children between the ages of two and seven.

Separated into three age groups, Rugbytots® combines the multiple skills used in rugby with a fun, energetic and structured play programme designed to enhance your child's social and physical skills.

Whether the next step for your child is mini-rugby or ballet, Rugbytots® aims to provide the

foundations which will enable them to progress with confidence.

All Rugbytots® classes are fully insured and will be run by an RFU qualified lead coach who is trained in paediatric first aid and has been CRB checked.



For further information please call  
**0845 313 3245**

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