

**A one-day
conference**

Compassion Fatigue in Professional Listeners

**Monday 29 April 2002,
Glenavna House Hotel,
Whiteabbey**

and

**Tuesday 30 April 2002,
All Hallows College,
Dublin**

For bookings and queries

028 9036 6680

Introduction

There is a cost to caring professionals who often underestimate the impact on themselves of caring for traumatised people. This conference will identify the factors which can cause such an impact, and how to promote self-care in the interest of prolonging careers and providing effective care to vulnerable people. It will examine the unanticipated consequences for one's sense of identity of witnessing and listening to accounts of profound traumatic experiences, when professionally concerned for the wellbeing of clients, patients and their associates.

Aims

Aims of the conference are to:

1. present the latest thinking and evidence about working with and listening to traumatised clients;
2. promote professional practice and professional development for those working with the traumatised;
3. generate awareness of possible 'vicarious traumatisation' when listening to traumatised clients and the need for ameliorative strategies;
4. introduce the innovative ISA mode of elucidating identity processes of both professionals and clients involved with trauma.

Who Should Attend?

The conference will be of interest to professionals such as clinicians, counsellors, psychiatrists, general practitioners, nurses, social workers and clergy encountering the trauma of others, and providers and managers of services to the traumatised in both individual and mass circumstances.

Principal Speaker

Professor Charles Figley is Director of the Florida State University Traumatology Institute, and Editor of *Traumatology: The International Journal of Innovations in the Study of the Traumatization Process and Methods for Reducing, Preventing, and Eliminating Related Human Suffering* (www.fsu.edu/~trauma). He and his clinical research team have joined in numerous humanitarian efforts, providing information, education, consultation, and treatment for individuals and communities who suffer the effects of trauma. His books include: *Compassion Fatigue* (1995). New York: Brunner/Mazel. *Death and Trauma* (1996). London: Taylor & Francis. *The Traumatology of Grieving* (1998). Philadelphia: Taylor & Francis.
e-mail: cfigley@garnet.acns.fsu.edu

Programme

- 9.30 am Registration and coffee
- 10.00 am Belfast 29 April
Welcome
Sir Kenneth Bloomfield
Dublin 30 April
Welcome
Hon. Justice Mary Leffoy
- 10.15 am *Secondary traumatic stress reactions: The systemic implications of helping the traumatised.*
Professor Charles Figley
- 11.15 am Coffee
- 11.45 am *Clinicians' experience of vicarious traumatisation: Working with traumatised clients in the aftermath of the Omagh Bomb.*
Mr Selwyn Black
- 12.30pm Buffet lunch
- 1.30 pm *How can we ameliorate compassion fatigue for those who deal with trauma in their work?*
Dr Marion Gibson
- 2.15 pm *Assessing identity processes of the traumatised and those attending the traumatised.*
Professor Peter Weinreich
- 3.00 pm Coffee
- 3.30pm *Compassion fatigue in families and among the helpers of the traumatised: Implications for helping and training the next generation of helpers.*
Professor Charles Figley,
Panel Colloquium and Open Forum
- 4.30 pm Close

For bookings and queries telephone

028 9036 6680

Further Contributors

Professor Peter Weinreich is a Psychologist, who has developed the integrative Identity Structure Analysis (ISA) conceptual framework for elucidating identity processes in a manner that is customised to the individual. Rather than being content with reported symptoms of distress, ISA assesses the nature of the individual's underlying psychological processes. Some 25 PhD theses have demonstrated the robustness and sensitivity of ISA in a wide range of areas, some of which are reported in the new book that presents the theoretical underpinnings of ISA, its operationalisation for empirical work in the community, and ten empirical studies:

Weinreich, P. and Saunderson, W. (Ed.) (2002)
Analysing Identity: Cross-Cultural, Societal and Clinical Contexts. London: Routledge.
 (Available in September).

e-mail: P.Weinreich@ulster.ac.uk

Dr Marion Gibson is Consultant Director of Staff Care Services in Belfast and has been involved in the care of people in the aftermath of traumatic incidents for over twenty years. She lectures widely on the subject of trauma, and areas visited recently have been the Philippines, Poland, Washington USA and West Africa. The subject of her PhD thesis was 'The design of a training programme to help people cope with trauma in their workplace' and was based on research into the psychosocial impact on ambulance personnel, accident and emergency nurses, social workers and clergy who responded to the Kegworth Air Crash (1989) and the Shankill Road bombing (1993). She has written:

Order from Chaos: Responding to Traumatic Events (1998). Birmingham: Venture Press.

e-mail: Mcagib@aol.com

Selwyn Black is a teacher and counselling trainer. His interest in trauma, particularly the experiences of professionals working with traumatised clients, arises out of his experiences as a military chaplain. He has recently been involved in working with professionals in Croatia and Bosnia. His journal articles include:

Black, W.R.S. and Weinreich, P. (2000) An exploration of counselling identity in counsellors who deal with trauma. In *Traumatology: The International Journal of Innovations in the Study of the Traumatization Process and Methods for Reducing or Eliminating Related Human Suffering*. Vol. 6 (1), 25-40. Tallahassee, Florida: Green Cross Foundation.

e-mail: selwyn@lenoir.freeserve.co.uk

APPLICATION FORM COMPASSION FATIGUE IN PROFESSIONAL LISTENERS

Monday 29 April - Glenavna House Hotel

Tuesday 30 April - All Hallows College

I wish to apply for a place on the above conference and enclose the fee of £75.00stg or €125 or £25.00stg or 40 euros (student rate)

Name: (Prof/Dr/Mr/Mrs/Miss/Ms).....

Address:.....

.....

.....

..... Postcode:.....

Tel No (Home):.....

Tel No (Work):.....

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Email:.....

Name and address of organisation:.....

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Position held:.....

Any special requirements?.....

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Signed:.....

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Cheques should be made payable only to the University of Ulster and crossed.

Where cancellations are received less than 7 days before the commencement of the workshop, a cancellation fee will be charged to cover administration costs.

The conference fee and completed application form should be returned by **Friday 19 April 2002** to:

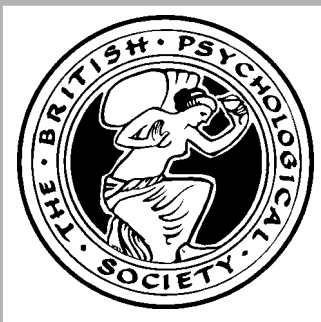
The Administrative Officer
Conference & Professional Development Unit
University of Ulster, Jordanstown Campus
NEWTOWNABBEY, Co. Antrim BT37 0QB

Tel: 028 9036 6680

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Compassion Fatigue in Professional Listeners



Staff Care Services,
South & East Belfast Health
& Social Services Trust



Psychological Society of Ireland

**For bookings and queries
028 9036 6680**

Summary

Date: Monday 29 April 2002

Time: 10.00 am - 5.00 pm

Venue: Glenavna House Hotel, Whiteabbey

Fee: £75.00 or €125 (includes refreshments, lunch and documentation).
PSI Dip Clin Psychol Students £25.00 or €40

Date: Tuesday 30 April 2002

Time: 10.00 am - 5.00 pm

Venue: All Hallows College, Dublin

Fee: £75.00 or €125 (includes refreshments, lunch and documentation).
PSI Dip Clin Psychol Students £25.00 or €40

Additional Information

If you have any questions regarding the content of the conference please contact

Professor Peter Weinreich on 028 9036 6614 or
Mr Roger Woodward on 028 9036 6369.

If you have any queries regarding registration and other administrative matters please contact

Sharon Adams on 028 9036 6680,
email: scpdu@ulster.ac.uk.

Conference Organising Committee

Professor Peter Weinreich,

School of Psychology, University of Ulster

Mr Roger Woodward,

School of Psychology, University of Ulster

Dr Marion Gibson,

Staff Care Services, South & East Belfast Health
& Social Services Trust

Mr Martin Sayliss,

Conference and Professional Development Unit,
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